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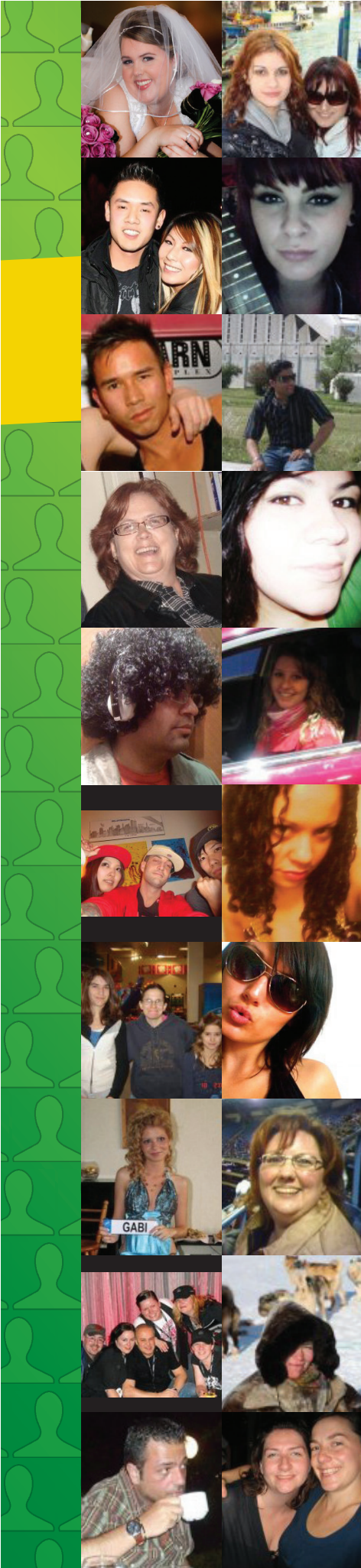
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Comment pg 18

Armstrong aims to eradicate cancer stigma



Wife killer can't profit from book

COURT A Saskatchewan court has ruled that convicted wife killer Colin Thatcher can't make any money from a book he wrote proclaiming his innocence.



Colin Thatcher

Thatcher had taken the Saskatchewan government to court to challenge a law enacted last spring that says criminals can't profit from recounting their crimes.

Thatcher argued the law didn't apply to Final Appeal: Anatomy Of A Frame because his book is about his dealings with the justice system, not about the 1983 murder of JoAnn Wilson.

But Court of Queen's Bench Justice Ted Zarzeczny disagreed. Zarzeczny ruled yesterday that the book is about the murder. **THE CANADIAN PRESS**

March break **Ready, aim ... fun**



Samantha Scott, 4, takes her turn using a bow and arrow yesterday in the medieval section at the Royal Ontario Museum. Test your wits while exploring an eerie revamped bat cave, or meet a samurai and suit up for war in medieval armour at the ROM with activities taking place daily during the March break.

Toronto should secede, MPP says

PROPOSITION A Progressive Conservative member of the Ontario legislature says he thinks Toronto should become its own province.

The member for Bruce-Grey-Owen-Sound, Bill Murdoch, made the radical proposition at a meeting of the Bruce County Federation of Agriculture.

He said rural Ontario is fighting a losing battle against what he calls "a Toronto mentality."

Murdoch said Toronto decision-makers ignore rural voices and create policies that hurt agriculture and hamper rural food processors.

He said the government's lack of action on the coyote problem and red tape for food producers are just some of the hurdles that Toronto-based decisions create for farming and the rural economy.

Murdoch said making Toronto the 11th province is the only way rural Ontario will get a voice.

Murdoch noted Toronto's population, at 2.5 million, tops that of Prince Edward Island at 140,000.

However, he wants residents who live in the 905 area code region just outside Toronto to remain part of Ontario.



THE CANADIAN PRESS

Shhhhhh! There's no Internet here

Feds quietly pinch programs used by libraries, groups

The Conservative government is quietly cutting funding to hundreds of community groups and even hospitals that provide free Internet access to Canadians who might not otherwise have a chance to get online.

Organizations that benefit from Industry Canada's 16-year-old Community Access Program began receiving letters last week informing them that sites located within 25 kilometers

'Digital economy strategy'

Details of the cuts did not appear on Industry Canada's website or in the recent federal budget documents, which had been touting the government's new work on a

"digital economy strategy." The Conservatives are spending \$200 million on expanding broadband coverage to underserved households in Canada.

ware, such as printers and wireless routers; to pay for technical support and skills training; and sometimes to pay for the connection bills.

Groups had been receiving between \$4,000 and \$5,000 a year to buy computers and other hard-

ware, such as printers and wireless routers; to pay for technical support and skills training; and sometimes to pay for the connection bills.

Organizations that have

used the program include employment and youth drop-in centres, English-as-a-second-language programs, libraries, and seniors groups.

In rural areas, such organizations are often clustered in the middle of town and near the local library, meaning they are the most likely to be hit by the change in funding criteria.

THE CANADIAN PRESS

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WHAT'S THIS BARCODE FOR?

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Entertainment pg 34

Chapel to aid with funeral

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727 Bloor St. W
1061 St. Clair Ave. W
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980 Albion Rd.
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Mapleview Mall
Milton Crossroads Centre
420 Main St.
Brampton
Bramalea City Centre
2880 Queen St. E (Hwy. 7 & Airport Rd.)
55 Mountnash Rd. (Springdale Sq.)
80 Pertosa Dr.
Mississauga
Dixie Outlet Mall
Erin Mills Town Centre
Heartland Town Centre
Square One
Winston Churchill & 401
2458 Dundas St. W
6535B Mississauga Rd.
3024 Hurontario St.
6200 Dixie Rd.
34 Bristol Rd. E
4920 Tomken Rd.
Oakville
Oakville Place
RioCan Burloak
18 - 2501 Third Line
760 Pacific Rd.

NORTH

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Markville Shopping Centre
Pacific Mall
Newmarket
Upper Canada Mall
1100 Gorham St.
Richmond Hill
Hillcrest Shopping Centre
11005 Yonge St.
9301 Bathurst St.
Thornhill
Promenade Mall
7171 Yonge St. (Galleria)
7378 Yonge St.
Vaughan
Vaughan Mills Outlet Mall
3 - 10019 Keele St.
2 - 160 Cidermill Ave.
4000 Hwy. 7
Woodbridge
4220 Steeles Ave. W

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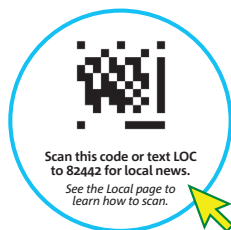
Local



Egoyan to create Luminato tribute

Acclaimed Canadian filmmaker Atom Egoyan is curating a free installation for this year's Luminato arts festival. Organizers say the Oscar-nominated writer-director will oversee "Solar Breath (Northern Caryatids) – Light Air," in tribute to late Luminato co-founder David Pecaut. Set to open June 11, the piece combines the work of Canadian visual artists Michael Snow and Mani Mazinani, and is inspired by the letters that Pecaut wrote to Egoyan before his death in December.

THE CANADIAN PRESS



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Tomorrow's Metro

West View

Paul Sullivan brings the West's perspective on Canadian events to Metro's pages.



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WHAT'S ONLINE TODAY

Blogs Kenya Hunt checks in with 70s-inspired threads at Paris Fashion Week and Backbeat fearlessly lists the greatest singers of all time.



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Historic mansion to be saved

Ottawa announces \$2.1 million grant to restore O'Connor home

The federal government is moving to save a historically designated, derelict Don Mills mansion that the Toronto Catholic District School Board had wanted to demolish.

Finance Minister Jim Flaherty announced a \$2.1 million grant to restore the 1932-vintage former coun-

try home, which had been donated to the board by the late Senator Frank O'Connor, founder of Laura Secord chocolates and a leading Toronto philanthropist. The home on Avonwick Gate has been sitting vacant and deteriorating since the board deemed it too costly to incorporate into its \$25 million Senator O'Connor

"This is a really fantastic step forward..."

Coun. Denzil Minnan-Wong

high school next door, which opened in 2005.

"This is a really fantastic

step forward, when just last year the Catholic school board came to the North York community council applying for a demolition permit," said Councillor Denzil Minnan-Wong.

The federal money will preserve the structure while community groups raise funds to complete a full \$4 million renovation,

said Minnan-Wong, who attended the high school, northwest of Lawrence Ave. and Victoria Park Ave.

"This doesn't cover the entire restoration, but what it will do is save the building," he said. "You'll be able to fix the exterior, fix the roof, to protect it from the elements."

TORSTAR NEWS SERVICE

Canada-wide warrant issued by Toronto cops

HIT AND RUN Toronto police have issued a Canada-wide warrant for a suspect after a man died from being run down by a vehicle in a parking lot.

Seran Kasilingam, 28, also known as Kuttysawn, is wanted for second-degree murder.

Police allege Nanthi Eashan Dharmaratnam, 25, was deliberately struck by a vehicle that accelerated before hitting him early Saturday.

The victim was pro-

nounced dead at the scene. An autopsy determined the cause of death as blunt head and torso injuries.

Police say Kasilingam was driving a blue 2005 Chevrolet Monte Carlo with Ontario licence plate BFCJ 906, and that the car was damaged.

It's believed he has friends in the Montreal, Ottawa and Sault Ste. Marie areas, and police in those communities have been alerted.

THE CANADIAN PRESS

News in brief

CONCERN Police say they have received a number of calls since a Toronto doctor was charged with sexually assaulting three female patients. Other concerned women had been asked to come forward after Dr. George Doodnaught was charged last week with sexually assaulting the three patients

while they were under anesthetic. It's alleged to have happened during surgical procedures at North York General Hospital. Det.-Const. Julie Stehlik said yesterday "numerous phone calls" have come in, but it's too early for police to provide details.

THE CANADIAN PRESS

March break Play on



Alexander Paddon, 7, left, faces off against Karan Kang, 11, at the Battle Strikers tournament at the CN Tower yesterday as it kicked off March break activities. Young competitors challenged each other with the turbo-powered magnetic tops to win prizes.

Man pleads guilty in 2009 TTC bus shooting

COURT A gunman who opened fire on board a TTC bus filled with passengers has pleaded guilty to attempted murder with a firearm and possessing an illegal firearm.

"It's the right thing to do," Richard Haynes, 28, told Ontario Court Justice Carol Brewer yesterday after she asked him if he had arrived at his decision voluntarily.

A bullet struck his 17-year-old intended target in the hip and a ricochet of the shot tore through the outer layer of a female passenger's coat, Crown Attorney Christina Pirraglia said reading from the agreed statement of facts.

Surveillance footage from cameras inside the bus captured the dramatic confrontation around 1:20 p.m. on Feb. 23, 2009, including frantic passengers stampeding for the exits.

TORSTAR NEWS SERVICE

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No charges in leasing scandal

Ontario provincial police say they won't lay any charges in a computer leasing scandal at Toronto city hall five years ago.

Insp. Dave Ross said in a statement that after a comprehensive investigation, OPP decided there are no reasonable grounds to lay any criminal charges.

Police launched the investigation in 2005 at the request of the City of Toronto.

It followed an inquiry by Justice Denise Bellamy into allegations of conflict of interest, bribery and misappropriation of funds around computer leasing contracts.

In that report, Bellamy found that former city councillor Tom Jakobek received perks from MFP Financial Services lead salesman Dash Domi — brother of former Toronto Maple Leafs player Tie Domi.

It also found credible ev-

idence that Domi gave Jakobek \$25,000.

Toronto Mayor David Miller said the city has reviewed or acted on all 241 of Bellamy's recommendations since the report was released, and will implement the final five by the end of this year.



David Miller

"While the investigation recommends no formal charges, the scandal and the resulting inquiries shed light on a truly regrettable breach of the public trust that should never have happened," said Miller.

Among those changes are tougher lobbying guidelines and controls, strong directives on staff ethics and a new policy framework for Toronto's accountability officers.

Toronto police had asked the provincial force to take over the investigation to avoid any perception of conflict of interest.

THE CANADIAN PRESS



A class-action lawsuit has been filed against retailer Loblaw over a meat recall. Sierra Foods was also named in the suit.

Loblaw listed in Listeria lawsuit

MEAT RECALL Loblaw and Siena Foods are facing a class-action lawsuit over the latest meat recall due to Listeria contamination.

The suit, filed yesterday, says Siena was aware of the "potential toxicity" of several of its products, but chose to only inform distributors, putting customers at risk. It also states that Loblaw, as the retailer,

bears responsibility to ensure the product is fit for consumption.

The allegations have not been proven in court.

Siena has recalled all affected products, including its cooked ham, which may have been distributed nationally.

Ontario says it has ruled out a connection between the deaths of five people

from listeriosis and recalled meat products from Siena Foods.

The Ministry of Health says there is no food consumption history or lab data supporting a link to the Siena products.

THE CANADIAN PRESS

ShareYourViews
torontoleaders@metronews.ca

Home prices will keep rising: Report

REAL ESTATE Home prices will continue to rise this spring as buyers scramble to close deals ahead of expected higher interest rates and new mortgage rules.

A report by RBC Economics issued yesterday found that the cost of owning a home in Canada increased slightly across all housing segments in the closing months of 2009.

Historically low interest rates have been cited among reasons for the strong housing market, with sales of existing homes moving higher again in February and setting monthly records in both Ontario and Quebec.

THE CANADIAN PRESS

News in brief

CRASH A four-year-old girl was rushed to the Hospital for Sick Children by air ambulance yesterday after her mother's car was rear-ended by a van in Milton. Halton police say the girl is in serious condition. Police say the car had mechanical problems and although the driver pulled over, part of the car remained in the through lane.

THE CANADIAN PRESS

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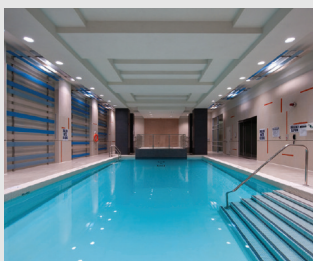
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Catching you with germs

Study reveals unique traits

Horatio Caine, shake hands with a new clue.

In a study that will surely

spawn a story line for the smugly cool CSI Miami character played by David Caruso, American scientists have discovered that our hands are smeared with signature colonies of germs that are unique to each individual.

When people touch any surface, they can lay down a load of these germs that might be traced back, through DNA analysis of

the bugs, to their original owner.

"We're coated in bacteria, and it's unavoidable," says Noah Fierer, a bacteriologist at University of Colorado at Boulder and lead study author. "And potentially, this could be another tool in

100 varieties

• Bacteriologist Noah Fierer says there are likely 100 different varieties of bacteria that can live comfortably and benignly on a human hand. Of these species, which are often helpful to our health, each individual carries a unique number and concentration.

the (crime scene) tool kit."

The bacteria can also live comfortably on surfaces they've been transferred to for about two weeks, giving police ample time to collect them after a crime.

TORSTAR NEWS SERVICE

Metro Visit from Ninja Assassin



Metro marketing and interactive director Jodi Brown gets a first-hand look at a nunchuck wielded by the Warner Brothers Ninja Assassin. The Ninja Assassin DVD hits stores today.

Fast food apparently wasn't fast enough for these three

CRIME Durham region police say a man was assaulted at a Tim Hortons drive-thru after the occupants of a truck behind him became impatient.

Spokesman Dave Selby said the Ajax man was with his wife and two children Saturday and the order was taking some time.

Police say the driver of the pickup truck began

honking the horn and the occupants yelled for them to hurry up.

When the 36-year-old man got out of his vehicle and approached the pickup truck to try to calm them down, he was assaulted. The three occupants of the truck, all men from Ajax, have been charged with assault.

THE CANADIAN PRESS

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Canada



2nd navy ship to return

The second of two navy ships sent to Haiti to help with relief efforts is returning home. HMCS Athabaskan is scheduled to arrive in Halifax tomorrow morning after an eight-week deployment to the earthquake-ravaged country. HMCS Halifax returned home on March 2.

THE CANADIAN PRESS



Emergency response personnel take part in a mock contamination yesterday in Ottawa.

Ottawa unveils emergency plan

FEDS The government has released an "all-hazards" national emergency response plan four months after it was chastised for not having one approved by cabinet.

The plan outlines the responsibilities departments and agencies have in national or provincial emergencies, as well as international ones that could affect Canada.

Largely logistical in nature, the plan touches on virtually every conceivable natural or man-made disaster, from toxic spills and plane or train crashes to earthquakes, deadly storms and pandemics.

It also addresses government roles in tackling "cyber incidents" and terrorism. **THE CANADIAN PRESS**

Riders reject regulation

B.C.'s wide-open snowmobile policies eyed after avalanche

Snowmobilers remain opposed to having their back-country fun regulated despite a weekend avalanche that killed two Alberta men and injured 31 others.

"We're not in favour of regulating the back country for users," Les Auston, executive director of the B.C. Snowmobile Federation, said yesterday.

"There's all types of users out there and regulations require enforcement ... That would probably be a nightmare."

British Columbia is wide open when it comes to snowmobile use. Users don't require any kind of licence to drive, there is no minimum age and no helmet requirement.

The machines themselves don't have licence plates, only a one-time registration sticker that is not readily accessible to police through their computer systems, said Al Hodgson, president of the Association of B.C. Snowmobile Clubs.

Most other provinces and U.S. states regulate snowmobilers and their sleds more strictly, he said.

The dead and injured were spectators or participants at the Big Iron Shoot-Out near Revelstoke Satur-



Search-and-rescue workers stand amongst wreckage and debris Sunday in the area where a large avalanche occurred near Revelstoke, B.C.

"There's all types of users out there and regulations require enforcement ... That would probably be a nightmare."

Les Auston, B.C. Snowmobile Federation

day afternoon when a massive slide estimated at 10 metres high engulfed them.

The Canadian Avalanche Centre had issued warnings about extreme conditions for the area.

Competitors were involved in something called

"high-marking," where they race their machines up the mountainside to see who can reach the furthest.

Witnesses have suggested the few that were doing this on Saturday may have set loose the huge slab of snow.

Revelstoke Mayor David Raven is against restricting access to the back country.

"It's public using public lands," he said. "If you're going to regulate it you have to be able to enforce it."

"Any regulations have to have meaning and sense. Some people will accept that, some people won't."

THE CANADIAN PRESS

Anti-police march generates chaos

QUEBEC In a Montreal springtime ritual as predictable as melting snow, the city's riot cops were squaring off against hundreds of marauding protesters at an anti-police march yesterday.

For the last 13 years, these protests have led to hundreds of arrests, objects smashing through windows, and street clashes between baton-wielding officers and masked demonstrators hurling projectiles.

The annual event got off to a noisy start yesterday. Beer bottles were tossed, firecrackers were flung at officers' horses and demonstrators were chanting four-letter slogans at police.

Demonstrators said they were marking the International Day Against Police Brutality, and protesting social and racial profiling by Montreal officers.

The march took place in the city's east end, away from the usual location in the downtown core.

THE CANADIAN PRESS



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Grits want MP mailouts nixed

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The wealth of individual Canadians climbed in the fourth quarter as the value of their stocks and real estate increased. Canadians' household wealth averaged \$172,600 per capita in the quarter. **THE CANADIAN PRESS**

Donate to shot cop's fund, family asks

MEMORIAL The family of a man who was charged with killing a provincial police constable is asking that memorial donations be made to the dead officer's family.

Const. Vu Pham was shot last Monday after pulling over a pickup truck in rural southwestern Ontario and died later that day in hospital.

Fred Preston, a retired

logger and one-time politician, was charged with first-degree murder in Pham's death before he too died last Thursday after his family took him off life-support.

Preston, 70, was shot during the confrontation with Pham and another Ontario Provincial Police officer.

A funeral will be held for Preston today in the north-

Background

- Const. Vu Pham, a 37-year-old married father of three sons, came to Canada from Vietnam when he was a boy and spent part of his youth in Sundridge.

ern Ontario community of Sundridge and his family is asking mourners to donate

to a fund for Pham's family.

The province's Special Investigations Unit, which probes incidents between police and civilians involving serious injury or death, is investigating the circumstances around Monday's shootout. On Friday, Pham was remembered as a "modern-day hero" and a great father at his funeral.

THE CANADIAN PRESS

Ottawa **At the mike**



Minister of the Environment Jim Prentice adjusts the microphone yesterday as he makes his way to speak with reporters following question period on Parliament Hill.

Journal urges more help for senior drivers

A medical journal says society should be doing a better job helping seniors drive for as long as is safe, and helping them cope when the time comes to give up their licences.

The Canadian Medical Association Journal says the point isn't to get older drivers off the road, but to help identify those who need to stop driving and put in place systems to help them once they do.

In an editorial, the journal says society should plan for driving retirement in the way it plans for job retirement, noting that by 2025, one in four Canadians will be 65 or older.

The journal says doctors don't currently have an objective assessment tool with which to determine if a patient has reached the point where he or she should stop driving.

It says doctors and families need to be honest with seniors when the time comes to relinquish a licence, and seniors need to accept that they won't have the same flexibility anymore.

But it says governments and urban planners need to play a part, too, devising programs that would help fill the gap for seniors who stop driving.

THE CANADIAN PRESS

McGill launches health record apps

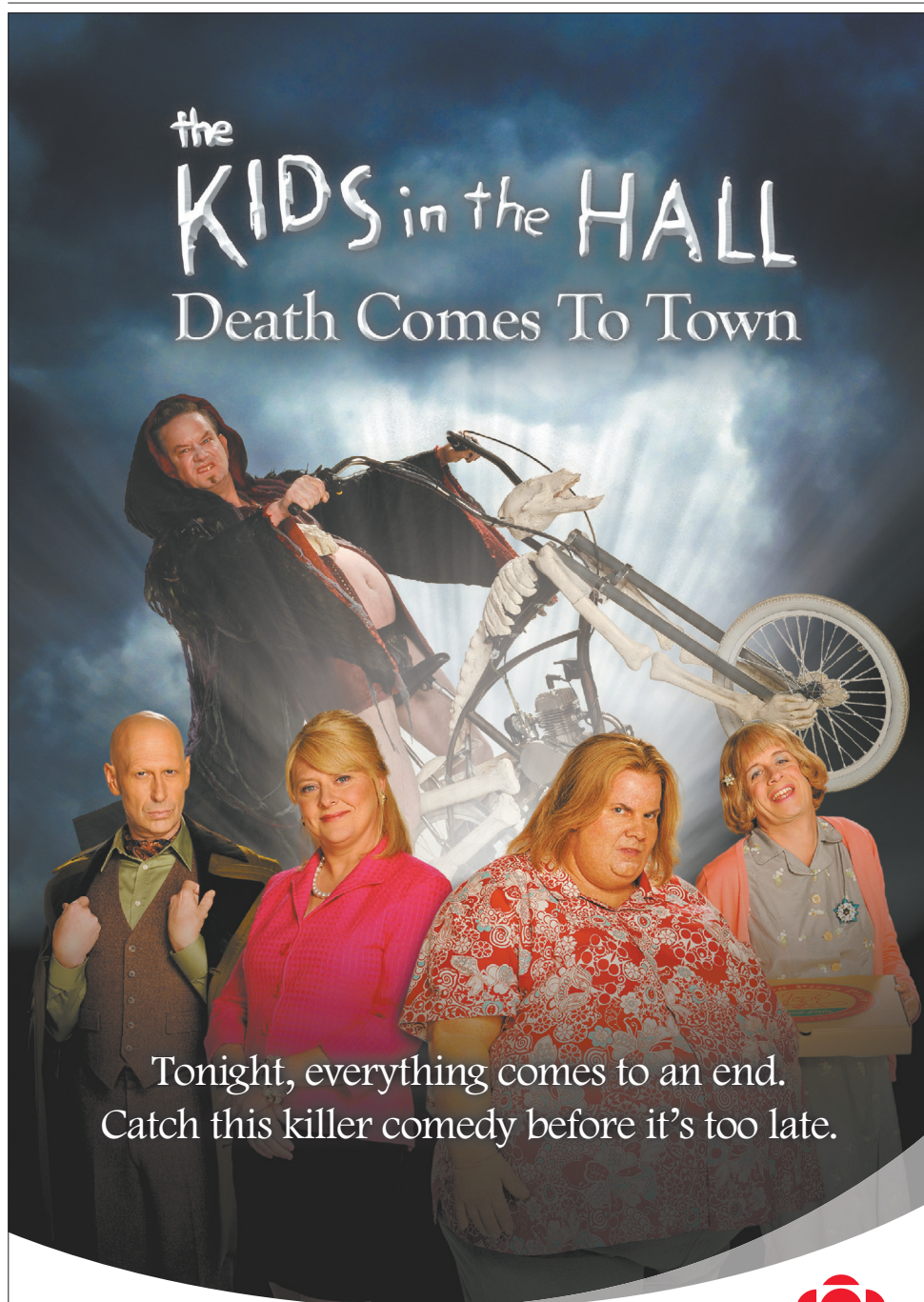
HEALTH The day is not too far off when your cell-phone, iPhone or BlackBerry will ring to remind you to take your medication.

That's one of the eventual goals of a new web tool that was launched by the McGill University Health Centre at a news conference yesterday.

The secure program,

known as Unani.ca, allows anyone with Internet access to maintain a list of personal health conditions, medications, allergies and family medical history. In short, it allows you to build your own medical file, says Dr. Jeffrey Barkun, MUHC's director of general surgery.

THE CANADIAN PRESS



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Sudan will continue peace talks with the most powerful Darfur rebel group beyond yesterday's deadline for an agreement. Sudanese presidential adviser Mustafa Osman Ismail says the government will hold more talks with the rebel Justice and Equality Movement in the capitals of Chad and Qatar to try to reach a final deal. **THE ASSOCIATED PRESS**

World



Brown steps into labour battle

British Prime Minister Gordon Brown waded into the acrimonious dispute between British Airways PLC and its cabin crew yesterday, calling a planned strike "deplorable" and risking a major fallout with key union backers ahead of upcoming general elections. Brown's rare direct intervention in an industrial matter comes with the governing Labour party currently lagging in the polls behind the main opposition Conservative party ahead of an election that must be held by June 3. **THE ASSOCIATED PRESS**

U.S. steps up heat on Israeli construction

The Obama administration is demanding that Israel call off a contentious building project in east Jerusalem and make a public gesture toward the Palestinians to help defuse one of the worst U.S.-Israeli feuds in memory, officials on both sides said yesterday.

But Prime Minister Benjamin Netanyahu showed little sign of yielding, saying Jewish construction in east Jerusalem "in no way" hurts Palestinians. A Jerusalem city spokesman suggested Jewish building there would continue.

Announcement of the plan to build 1,600 apartments for Jews in the Ramot Shlomo neighbourhood came during Vice-President

Joe Biden's visit last week, embarrassing him and the Obama administration, angering Palestinians and endangering the start of indirect peace negotiations that are to be mediated by a U.S. envoy.

Adding to tensions was a ceremony yesterday in the walled Old City in east Jerusalem, where Jews rededicated an ancient synagogue destroyed after the war that followed Israel's creation in 1948. Israeli police sent in reinforcements to prevent riots. The synagogue is in the Jewish Quarter, but Palestinians still saw the colorful celebration as an affront. After a

weekend of rare broadsides from top U.S. officials, including Secretary of State Hillary Rodham Clinton, American demands became clear yesterday. The U.S. wants Israel to cancel the construction plan, U.S. and Israeli officials said, speaking on condition of anonymity because no announcement was made

THE ASSOCIATED PRESS



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Indonesia Footwear frenzy



Shoppers hunt for their size in clogs during a sale for Crocs footwear at Senayan City shopping mall in Jakarta yesterday. The up-to-70-per-cent-off sale aimed to sell 80,000 pairs of footwear during the five-day event.

News in brief

MADAGASCAR Disaster officials say at least 36 people have died and more than 38,000 were made homeless by Tropical Storm Hubert. The storm hit the southeast coast of the Indi-

an Ocean island nation last Wednesday. Officials also said yesterday that many rice plantations, roads and homes have been affected or destroyed by flooding. **THE ASSOCIATED PRESS**

Woman sues over wrong implants

PITTSBURGH An Ohio woman claims in a lawsuit that a plastic surgeon used the wrong kind of breast implants on her, then kept her knocked out longer than necessary and continued with the botched operation on the advice of her fiancé. Brittany Daly filed the lawsuit Friday against Dr. Beverly Carl over the 2008 surgery. Daly contends she decided on silicone implants because she was told they were more durable and less likely to ripple or deflate than saline. But Carl's office had only saline implants available. Daly claims that the doctor kept her under while she told Daly's fiancé, whom she has since married, about the mistake. Under pressure to provide an immediate response, Sean Daly told the surgeon to go ahead. **THE ASSOCIATED PRESS**



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Venezuela, Belarus to sign deals

The presidents of Belarus and Venezuela plan to sign agreements to boost commercial, energy and industrial co-operation. **THE ASSOCIATED PRESS**

world **11**Russia **Seal protest outside Canadian embassy**

Three women take part in a PETA demonstration yesterday outside the Canadian Embassy in Moscow, protesting against this country's seal hunt.

Bin Laden's son says family members mistreated in Iran

One of Osama bin Laden's sons has called on Iran's supreme leader to release members of his family believed to be under house arrest there since they fled Afghanistan in 2001, according to a letter posted yesterday on the Internet.

Khalid bin Laden's statement accused Iranian authorities of mistreating about 30 siblings, saying

they had been "beaten and repressed." The letter, which was dated early January, appeared to have been written shortly after news reports surfaced about one of his sisters who escaped from her Iranian guards and reportedly is taking refuge in the Saudi Embassy in Tehran.

It has long been believed that Iran has in custody a number of bin Laden's children who fled Afghanistan

in 2001 following the Sept. 11 terror attacks, most notably his sons, Saad and Hamza, who were thought to have held positions in al-Qaida. Little is known about Khalid bin Laden, who is believed to have been with his father in Afghanistan until 2001. The letter identified him as Sheik Khalid, a reference to a holder of an esteemed religious position.

THE ASSOCIATED PRESS

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12 world

U.S. official investigated over private contractor allegations

A U.S. defence official is under investigation for allegedly hiring contractors to gather intelligence on suspected insurgents in Afghanistan and Pakistan. **THE ASSOCIATED PRESS**

One bloody protest

Thai activists plan to splash blood on PM's HQ

Protest leaders vowed yesterday to collect blood from tens of thousands of anti-government activists and splash it onto the Thai government headquarters in a symbolic sacrifice to press their demands for new elections.

As many as 100,000 "Red Shirt" protesters converged Sunday on Bangkok to demand that Prime Minister Abhisit Vejjajiva agree to dissolve parliament by midday yesterday.

Abhisit refused and blunted the capital in security, but said his government was open to listening to what the protesters have to say.

Frustrated, the protest leaders said they would collect "1 million cubic centimetres" of protesters' blood, or 1,000 litres, to spill at Government House in the Thai capital by tonight — a tactic slammed by the Red Cross as wasteful and potentially unhygienic.

The Red Shirts include supporters of former prime minister Thaksin Shinawatra and other activists who oppose the 2006 military coup that ousted him for alleged corruption and abuse of power.

THE ASSOCIATED PRESS



Abhisit Vejjajiva

Cardinal didn't tell cops of abuse

RELIGION Ireland's senior Roman Catholic, Cardinal Sean Brady, said yesterday he would not resign despite admitting he helped collect evidence against a child-molesting priest — and never told police about the crimes.

Brady, as a priest and Vatican-trained canon lawyer in 1975, said he interviewed two children about the abuse they suffered at the hands of the Rev. Brendan Smyth. He

said both children were required to sign oaths promising not to tell anyone outside the church of their allegations.

Smyth went on to molest and rape scores of other children in Ireland, Britain and the U.S. before British authorities in Northern Ireland demanded his arrest in 1994. The Irish government of the day collapsed amid acrimony over why Smyth had not been extradited.

THE ASSOCIATED PRESS

News in brief

GERMANY The pope's former diocese said yesterday a priest convicted of sexually abusing minors has been suspended from his pastoral duties for violating a condition he not work with youth. The Archdiocese of Munich and Freising said it had removed a priest identified only as Rev. H. from his duties, after "it was proved he did not comply with the conditions set following allegations of sexually abusing minors and a conviction in the justice system."

THE ASSOCIATED PRESS

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U.S. hands over control of prison to Iraq

The U.S. military handed over control of a prison in Taji, Iraq, that holds some 2,900 detainees to Iraqi authorities yesterday. **THE ASSOCIATED PRESS**

world **13**

Obama seeks to rally support for health care

With a fresh sense of urgency, U.S. President Barack Obama sought to reassure seniors yesterday about health-care legislation approaching a final vote in Congress, pledging it would make preventive care cost-free and close a gap in Medicare prescription drug coverage.

"This proposal adds almost a decade of solvency to Medicare," Obama said in a visit to a senior centre.

Obama's trip to Ohio marked his third out-of-town foray as he tries to build support for long-stalled legislation to remake the health-care system.

Administration officials have predicted the legislation will clear the House by the end of the week, but Democratic leaders had not yet released the measure as the president's helicopter lifted off from the White House grounds.

Even so, the House Budget Committee arranged a mid-afternoon meeting to begin a series of events ex-



U.S. President Barack Obama waves to the crowd as he arrives for a speech on health-care reform yesterday in Strongsville, Ohio.

pected to culminate in a House vote within days.

Guests aboard Air Force One included Democratic Rep. Dennis Kucinich, the local congressman who voted against the administration-backed health-care bill that cleared the House late last year.

Obama asked Congress

more than a year ago to approve legislation that extends health coverage to tens of millions who lack it, curb industry practices such as denying coverage on the basis of pre-existing medical conditions, and begin to slow the growth of health care nationally.

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Tuesday, March 16, 2010

14 world

A Swiss watchmaker is hoping to raise a stink with an expensive timepiece made of dinosaur dung. The watch set in fossilized feces will sell for \$11,290 US. THE ASSOCIATED PRESS

Mom admits killing 6

A 38-year-old woman acknowledged yesterday killing six of her newborns, whose corpses were found in plastic bags in her basement, at the opening of a chilling trial in northwest France.

Celine Lesage faces life in prison if convicted by the jury in the courthouse in Valognes, near the Atlantic coast, on charges of aggravated homicide.

Lesage bowed her head and avoided the gaze of those present in the courtroom while the charges were read. Afterward, she said in a soft voice, "I acknowledge the facts."

Chief Judge Herve Locu pressed her to find out whether the babies had been stillborn or born alive.

After repeated questioning, Lesage responded: "They were alive."

She was arrested in 2007 after her partner at the time discovered the corpses in plastic garbage bags in the basement of their apartment building in Valognes.

Her lawyer, Veronique Carre, said Lesage "does not contest the facts ... but isn't explaining them either."

During questioning by investigators, Lesage acknowledged strangling two of the newborns and suffocating four others, according to judicial documents.

She told investigators that the father of five of the newborns was ex-boyfriend

Pascal Catherine, who was detained for questioning after Lesage was arrested in 2007. She said the father of the sixth newborn was the partner who discovered the corpses, Luc Marguerite, a plaintiff in this week's trial.

THE ASSOCIATED PRESS

Atlantic Rowing into record book



In this November file photo, Katie Spatz, 22, rows in the harbour at Mentor Harbor Yachting Club in Mentor, Ohio. Spatz completed a solo journey across the Atlantic Ocean Sunday, touching a pier in the coffee-brown waters off Guyana to claim a record as the youngest person to accomplish such a crossing.

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Pacific Rubiales' profit drops more than half

Pacific Rubiales Energy Corp. says its operational profits were more than halved in 2009 despite increased revenues due to higher non-cash charges. The Toronto company booked profits of \$77.2 million US — lower than the \$175.7 million profit it generated the year before. **THE CANADIAN PRESS**

15

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Redline says may miss key deadline

WIRELESS Shares of Redline Communications plummeted 14 cents or 29.5 per cent to 33.5 cents yesterday after the company said it would likely miss the deadline for its quarterly and full-year financial statements as it reviews its revenue recognition accounting policies.

The Toronto-area wireless equipment provider said it has launched a special committee to further review its finances after an earlier review showed it may have not properly recognized revenue.

In January, the company — which designs, manufactures and sells broadband wireless products — slashed its workforce by 10 per cent after revising its revenue targets.

THE CANADIAN PRESS**Business in brief**

DRUGS Contract drug maker Patheon Inc. is seeing the first signs of recovery in a depressed market, but hasn't been able to take full advantage because of glitches in its supply chain at operations in Cincinnati and Puerto Rico. Patheon chief executive Wes Wheeler said yesterday that the company saw an increase in drug orders at the end of 2009, which contributed to a 5.2 per cent increase in revenues in the quarter.

THE CANADIAN PRESS

Think-tank calms fears over parity

With the loonie all but certainly headed for parity with the U.S. dollar, a new analysis argues the danger it poses for Canadian industry may not be as great as many assume.

The Conference Board of Canada says while a strong loonie does harm some industries, many have found

ways to hedge against fluctuations and some can even derive benefits as well.

Surprising, it's Canada's manufacturing sector that has most internationalized its operations and hence is able to guard against a strong currency, the think-tank says. The firms that

Loonie at par this summer?

• Bank of Montreal economist Douglas Porter forecasts the Canadian dollar will hit parity this summer and will likely remain at or above that level for the rest of 2010 and most of 2011.

have best internationalized are manufacturers, along with the mining and the oil and gas extraction sectors, it said.

The transportation and warehousing industry, retail trade, and the information and cultural industries are most impacted by

the strong loonie, the Conference Board said.

The report recommends that Ottawa remove barriers to global integration, arguing that as Canadian business becomes more global in scope it will be better protected against currency fluctuations.

THE CANADIAN PRESS

Montreal tapped as bigger hub

AIRLINES The chief executive of Air Canada says Montreal's main airport should grow to become a major gateway to Europe, Africa and French-speaking countries.

Calin Rovinescu told business leaders yesterday that while Trudeau airport will never overtake Toronto's Pearson, it has the potential for more traffic.

Last year, a total of 12.8 million passengers flew through the Montreal airport, six million on Air Canada. Since 2004, Air Canada's traffic through the city has grown by 25 per cent, while its capacity has increased by more than 18 per cent.

While Trudeau airport's growth largely hinges on the state of the economy, channelling connecting traffic will be the key driver for it becoming a more



Air Canada chief executive Calin Rovinescu points out that his airline carried six million of the total 12.8 million passengers who flew through Montreal's Trudeau airport.

important hub, Rovinescu said.

One-third of Air Canada passengers who fly through the airport begin their flights elsewhere. Air Canada's membership in the Star Alliance should help improve that number. For example, the recent ad-

dition of Brussels Airlines will increase traffic to Africa, which stands at just five per cent.

Adding service to Lebanon could be a great opportunity since Montreal has Canada's largest Lebanese community.

THE CANADIAN PRESS

U.S. set to unveil policy on broadband

More corners of the U.S. would have high-speed Internet access and existing connections would become much faster under a sweeping proposal to overhaul U.S. broadband policy that is being unveiled today.

But broadcasters oppose one key element of the proposal, which calls for reclaiming some airwaves now in the hands of TV stations and selling them to companies that deliver wireless Internet access.

The Federal Communications Commission proposal sets a goal of connecting 100 million U.S. households to broadband connections of 100 megabits per second — 20 times faster than now — by 2020.

THE ASSOCIATED PRESS

Toyota disputes 'inconsistent' runaway Prius story.

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Your Money

EDITOR: FERMIN.DESOUZA@METRONWS.CA

Befriend the taxman

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metronews.ca/alisononmoney

As April 30 looms, tremors of fear roll from sea to sea. It's income tax anxiety and, unfortunately, it often stops us from taking advantage of some of the best help available — the people who answer the Canada Revenue Agency phones.

Last week I urged readers to take control by doing your own taxes. But whether you are a veteran filer or a novice, chances are you will need to ask a question or two. Same here. Over the years I've benefited greatly from CRA assistance.

Decades ago, as a fledgling writer, a kindly CRA agent explained what I

could claim as self-employment expenses and even directed me to pertinent publications.

When my husband proposed to me on the beach at Catalina Island, my first call (well, maybe not quite the first) was to the tax folk where I learned that losing the equivalent-to-married exemption meant I'd actually pay more tax if I got hitched. Hello common law! (That deduction, sadly, no longer applies to the common-law crowd.)

Following the death of my father-in-law 20 years ago, we neglected to file an estate return but CRA walked me through an appeal process, which resulted in the cancellation of the substantial penalty.

When our youngest daughter lost her hearing after meningitis struck, CRA helped us through the tricky process of claiming

various disability deductions.

After my mother died in December a CRA agent smoothed out a few wrinkles in her financial affairs.

And now that I've taken over my father's finances CRA has again provided a service. During a chin wag with an agent she noticed my father had never applied for the disability deduction for which he is eligible. Once his doctor fills out form T2201, I'll request a reassessment going back years, which could be a nice windfall for dear old dad.

Of course, with the filing deadline only six weeks away get cosy with a headset for your phone or hit the speaker button since you are likely to be waiting awhile.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

ALISON'S MONEY RULE
Don't be afraid of the taxman or woman. They can save you money.

Telemarketing scams top of list

HEATHER BUCHAN
for Metro Canada

It's dinnertime. Your phone rings. The caller congratulates you on having won a dream vacation. But you never entered a contest.

This, say experts, is a prime example of telemarketing fraud, which has become one of the most pervasive forms of white-collar crime in Canada.

The GTA alone has hundreds of fraudulent telemarketing operations conducting a variety of schemes, including offering advance-fee loans, credit card "protection," stock swaps, prizes and sweepstakes, and in-

vestment-grade gemstones.

The scope of the operations range from one individual using disposable cell phones, to "boiler room" offices with dozens of staff.

According to the Competition Bureau, a telltale sign of fraud is when the caller

puts pressure to act immediately. Criminals do this because short of expiring dates reduce the risk of being traced by authorities.

Police also explain that in Ontario, it is illegal for loan brokers to charge a fee before a consumer receives the loan. If a caller offers a loan you haven't applied for and requests that a fee be paid upfront, warning bells should be going off.

Fraud Prevention

Protect yourself

How to spot fraudulent calls

- Be wary if the caller demands an immediate answer
- Ask all marketing, research or charity callers for detailed written information you can check yourself, time to think about the offer, valid references and the means to contact them, and a call-back number. Then check Revenue Canada's database to ensure it is a legitimate entity.
- If you're suspicious of any call, hang up immediately.
- If you suspect you've been defrauded, call your local police, bank and Phonebusters (1-888-495-8501).
- Canadians are not eligible for out-of-country lotteries. If you're told you've won one, just hang up.

On the web

Investing: Allan Small says many non-economic factors — politics, war, weather, terrorism to name a few — affect investments and make it more difficult to invest today. Visit metronews.ca/investing.Money Matters: Henry Choo Chong talks about the difference between allowable business investment loss (ABIL) and capital loss. Visit metronews.ca/moneymatters.

ask yourself...could you be a victim of fraud?

Online Auction Scams

Fake Lotteries

Counterfeit Cheques or Money Orders

Fraudulent Loans

Relationship Scams

These are just a few of the ways fraudsters will attempt to get your money. Use caution if you have been asked to send money for any of the following reasons:

- Internet or online auction purchases
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- Down payments or fees for hard-to-get loans
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can I protect myself from consumer fraud?

Yes!

tips on how to avoid being the victim of consumer fraud.

ask yourself...how well do I know this person?

tips on how to avoid being the victim of consumer fraud

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ask yourself:

Who is this person? Does this money have to be sent immediately? Does this offer sound too good to be true?

Western Union strongly advises consumers not to use money transfer services when sending money to someone they don't know personally. This sounds like simple advice, but scam artists are persuasive and creative. More and more frequently, fraudsters use the Internet, mail and the telephone to create the illusion of a relationship. It's important to remember that sharing a few e-mails or even a phone call does not mean you truly know someone.

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Comment

Mad Max setting his own course

NationalReport

Lawrence Martin

metronews.ca/nationalreport

he most intriguing Conservative in Ottawa these days is Maxime Bernier. The Quebecer, who was bounced from cabinet a couple years ago, separates himself from others in his

party because he isn't afraid to speak his mind.

Most all other Conservatives have sadly been reduced to courtiers and toadies for fear of what might happen to them if they say anything off cue.

Bernier fell from grace as a result of his affair with Julie Couillard, the woman who hung around with biker gangs. She subsequently wrote a book, quoting Bernier as calling the prime minister a control freak among other things. Mad Max, as the tall, charismatic

Bernier is sometimes called, figures he has no future under Harper. So why not rock the boat.

In speeches, he's come out against the need for big stimulus to get the country out of the recession. As well, he sees no need for government activism to combat climate change. In one speech he put a new twist on the famous line from John F. Kennedy. Said Bernier, "Don't ask what your country can do for you. Ask your government to get out of the way."

His Darwinian musings have prompted some observers to suggest he is openly challenging Harper, aiming at a leadership run. That's a bit of a stretch. But it was interesting to note that in a speech to the Preston Manning Institute on the weekend, he was full of praise for the goals of the old Reform Party, but failed to mention Stephen Harper once. That raised a few more eyebrows.

On Quebec policy, Mad Max is far to the right of the party, arguing that free-

market policy prescriptions are the way to Quebecers' hearts. In his riding of La Beauce he is hugely popular, winning by a giant margin — even after "biker-gate."

Bernier is also the only Conservative MP to run his own blog. Garth Turner, the one Tory who tried that before, was hoofed out of the caucus for not toeing the party line.

Bernier sounds like he wants to bring the politics of Ronald Reagan north of the border. It's a bit early

for anyone to start thinking of the Conservative leadership. But should Harper not get a majority in the next election, which will be his fourth kick at the can, it may be time.

Meanwhile, it's nice to see a Conservative who has the courage to air his views. Bernier had better watch his back, though. It's not a government that takes kindly to this type of thing.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Racing to eliminate the stigma of cancer

LiveStrong

Lance Armstrong

Before cancer touched my own life, I rarely thought about the disease.

When I was 25, it nearly killed me. An advanced form of cancer had spread throughout my body. My chances of surviving were poor. Even more remote was the possibility that I'd be able to compete as a professional cyclist again.

After two surgeries and

four rounds of chemotherapy, I was still alive. And because I had an excellent medical team, the support of my family and friends and a strong determination to live, the greatest days of my career and my life still lay ahead of me.

Thirteen years later, if I had to choose between winning the Tour de France and having cancer, I would choose cancer. I consider myself lucky for the experience, and because of that I feel a strong commitment to help everyone affected by cancer triumph over this disease.

Cancer touches every life on Earth. It is projected to be the leading cause of

death worldwide this year, claiming more of us than AIDS, tuberculosis and malaria combined. Twenty-eight million people struggle with it and if current trends continue, the number of new cases could triple by 2030.

But in many parts of the world, we don't talk about cancer. Many people believe cancer is contagious or that people who get cancer bring it on themselves. And the most common theme by far — a cancer diagnosis means certain death.

Molebatsi Poee-Shongwe, founder of the South African cancer organization BreastSens, says many people with cancer believe that

when signs of their condition become obvious, their communities will believe they have AIDS. Like cancer, this disease also brings moral judgment and persecution along with it.

Death by cancer is tragic. More tragic is losing a friend or a loved one when we could have saved them. We hope to inspire people to speak out about their experiences with cancer. If we unite, discrimination and ignorance cannot stand against us.

Lance Armstrong is a cancer survivor, champion cyclist and founder and chairman of LIVESTRONG, an organization that fights for the 28 million people around the world affected by cancer www.LIVESTRONG.org

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England coach reacts to Beckham's injury

England coach Fabio Capello expressed sadness yesterday that David Beckham's ruptured Achilles' tendon will prevent him from playing at the World Cup. Beckham underwent surgery yesterday on his left Achilles' tendon. **THE ASSOCIATED PRESS**

Sports

EDITOR: DON.MCHOULL@METRONews.CA

'That was the one we were waiting to win'

GOLD Brian McKeever will never forget his Olympic disappointment, but the Paralympic gold medal he won yesterday helped remind him why he keeps racing.

McKeever's victory in the 20-kilometre cross-country ski race for the visually impaired gave Canada its first gold medal of the Winter Paralympics. The win came in an event where McKeever had finished second in his two previous Paralympics.

"That meant a lot," said McKeever, who was almost 42 seconds faster than the second-place finisher. "That was the one we were waiting to win."

"It's been eight years in the making. That's the one we really wanted."

Yesterday also saw Canada earn gold and bronze in alpine skiing.

Lauren Woolstencroft won the women's standing slalom, while Karolina Wisniewska was third.

Woolstencroft, of North Vancouver, B.C., had a two-run combined time of 1:51.97, putting her almost seven seconds ahead of Germany's Andrea Rothfuss.

Vancouver's Wisniewska was timed in 1:58.84

Woolstencroft, 28, was born without legs below



Canadian Brian McKeever celebrates his gold medal win yesterday at Paralympic Games.

the knee and no left arm below the elbow. She started skiing at age four and racing at 14.

McKeever qualified for the Canadian Olympic team in January and was poised to become the first winter sport athlete to compete in both the Olympic and Paralympic Games. But the Winter Games ended in heartbreak for McKeever after the Canadian coaching staff decided not to start him in his event, the grueling 50 kilometres.

"It makes it a lot easier," McKeever said of yesterday's gold.

"We are never going to forget what happened but this helps us move on."

THE CANADIAN PRESS

Opportunity knocked

Chance to play right away helped Bozak pick Leafs over Sens

Leafs centre Tyler Bozak is known more these days for his craftiness and his speed.

But a year ago, he was making his name in the NHL for his interviewing skills.

As a highly touted forward with the University of Denver, Bozak was entertaining NHL offers while winding down his NCAA career in 2009-10.

It wasn't easy. Balancing his studies, hockey, and his future required a set plan. After all, 27 NHL teams eventually made their way to see him between March and April of last year — a bonanza of interest that ultimately boiled down to a choice between the Leafs and Senators.

"I was meeting with GMs and whoever they (NHL teams) sent to Denver to see me, it got pretty interesting," said Bozak, who chose the Leafs, and will face the runner-up Senators with the Leafs tonight.

The plan to handle all that interest turned into a mini questionnaire Bozak developed with agent Wade Arnott.

Like corporate heads, the two brainstormed a list of questions that would be posed to the interested



A chance to play immediately in the NHL helped Tyler Bozak choose the Toronto Maple Leafs over the Ottawa Senators last year, but he also used a questionnaire to help make his decision.

suitors. It also marked a bit of a role reversal — normally, NHL teams interview players, as is the case with the annual combines camp for top-rated junior prospects.

"Wade helped me with the list. It was just a bunch of little questions and it helped us draw up our own list of pros and cons," Bozak said.

That process wrapped up in early April 2009, at the conclusion of the collegiate hockey season. Over the next two weeks, Bozak came up with his decision, which eventually became the Leafs.

The Leafs certainly painted an attractive picture for Bozak — an opportunity to play in the NHL immediately. Comparatively, Ot-

tawa was much deeper at centre than the Leafs, with Jason Spezza and Mike Fisher commanding the position on the Senators top two lines.

Bozak said opportunity played a role in his decision, but he also relied heavily on his list of pros and cons drawn out of the interview process.

TORSTAR NEWS SERVICE

Sports in brief

BLUE JAYS Miguel Cabrera hit his first homer of spring training and Scott Sizemore and Brennan Boesch also went deep for the Detroit Tigers as they knocked off the Toronto Blue Jays 10-7 yesterday. Marc Rzepczynski went four innings in his longest outing of the spring for the Blue Jays and allowed three runs and six hits. He struck out four.

ARGOS The Toronto Argonauts have acquired their third quarterback in a week, signing Canadian Danny Brannagan to a three-year deal yesterday. The Burlington native was last year's Vanier Cup MVP after leading Queen's to the national championship.

FIGURE SKATING Just more than three weeks after her mother's death, Joannie Rochette has decided she's not up to competing at the world figure skating championships. The Olympic bronze medalist has decided to withdraw from

the competition next week in Turin, Italy.

SENTENCE An Illinois insurance executive who secretly shot nude videos of ESPN reporter Erin Andrews was sentenced yesterday to 2½ years in prison after giving a tearful apology that was harshly rebuked by his victim. Michael David Barrett pleaded guilty in December to interstate stalking after prosecutors accused him of following the reporter to at least three cities and shooting the videos through hotel peepholes.

SOCCER Fernando Torres scored twice as Liverpool beat Portsmouth 4-1 in the Premier League yesterday to keep the team's hopes alive of qualifying for the Champions League. Liverpool improved to 51 points, one behind fourth-place Tottenham in the last Champions League position but Spurs have played a match less. **METRO NEWS SERVICES**

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Both the Giants and Jets wanted to open next season in the new Meadowlands Stadium. Both will. The NFL said yesterday the Giants will play Sunday afternoon, Sept. 12, and the Jets will host a Monday night game the next day. **THE ASSOCIATED PRESS**

Expansion splits coaches

MARCH MADNESS In the overall scheme of things, expanding the field for the NCAA men's basketball championship wouldn't solve or create any problems for most people.

Then why have so many people offered so many opinions on something that's only in the discussion stage, at best, and might not even happen?

Because the three-week-end, 65-team format has become a March staple.

Talk about expanding the field, from three more teams — to take away the stigma of a



NCAA official defends at-large picks from harsh critics.

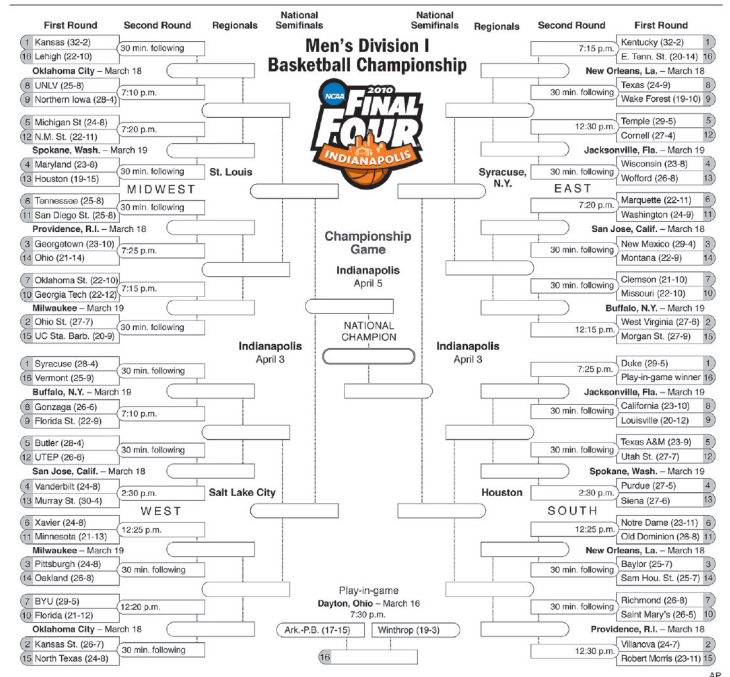
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lonely play-in game — to as many as 96, is getting much of the attention as the 2010 tournament

begins.

The Associated Press asked coaches about their feelings toward expanding the tournament as their teams played in conference tournaments. Out of 23 coaches who talked to the AP, the results were roughly split between those favouring expansion to 96 teams, those who like the tournament the way it is but would open to tinkering with it, and those who oppose expansion. Several others said they weren't leaning either way just yet.

THE ASSOCIATED PRESS



SCOREBOARD

NHL	YESTERDAY'S RESULTS	NBA	YESTERDAY'S RESULTS	TODAY'S GAMES
Columbus 5 Edmonton 3 New Jersey 3 Boston 2 Detroit at Calgary	Buffalo at Atlanta, 7 p.m. Toronto at Ottawa, 7:30 p.m. Phoenix at Tampa Bay, 7:30 p.m. Washington at Florida, 7:30 p.m. Colorado at St. Louis, 8 p.m. Philadelphia at Nashville, 8 p.m. Edmonton at Minnesota, 8 p.m. San Jose at Dallas, 8:30 p.m. N.Y. Islanders at Vancouver, 10 p.m.	New York 94 Philadelphia 84 Detroit at Boston Denver at Houston Washington at Utah L.A. Lakers at Golden State New Orleans at L.A. Clippers	Charlotte at Indiana, 7 p.m. Cleveland at Detroit, 7:30 p.m. Atlanta at New Jersey, 7:30 p.m. San Antonio at Miami, 7:30 p.m. Chicago at Memphis, 8 p.m. Washington at Denver, 9 p.m. L.A. Lakers at Sacramento, 10 p.m. Minnesota at Phoenix, 10 p.m.	For more game results, visit metronews.ca/sports

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China plans university admissions reform

The immense pressure on students to pass a two-day national exam on which scores are the sole basis for university entrance has prompted China's education ministry to revise its university admissions system. **METRO NEWS SERVICES**

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Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

McMaster librarians form union

Librarians at Hamilton's McMaster University have formed an association and decided to unionize. Last month, the McMaster University Academic Librarians Association filed an application for certificate with the Ontario Labour Relations Board, which supervised a secret-ballot election where a majority of votes were cast in favour of unionization. The association represents a 30-member group.

METRO NEWS SERVICES

Adding women to 'man'agement

JON TATTRIE
for Metro Canada



Women have overtaken men in top management positions in the U.S. workforce, a recent study has found.

Kim Keister, executive editor of AARP Bulletin, had his curiosity piqued when he read media reports that women had overtaken men in the workforce as a whole. He investigated and found that wasn't true — but in the process uncovered the fact that women workers now hold 51 per cent of all professional and management occupations.

"The fact that there are more women in management positions than men is a recent phenomenon," he said. Educational trends suggest that number at the top will grow as younger women progress through their careers. Women earn 60 per cent of masters degrees, 58 per cent of all post-secondary degrees, half of the medical degrees and 48 per cent of legal degrees, he says.

While there are women at the pinnacle of power, with Oracle president Safra Catz topping the list with a



An AARP Bulletin study found women hold 51 per cent of all professional and management occupations.

salary of \$42.5 million in 2008, that may not be representative, Keister warned. "I really doubt that women are very well represented at the highest levels of business, but that's just my instinct."

Despite the changes at the top of the workforce, his research found women still earn \$0.80 for every \$1 men take home. He said the gap shows "progress,

but there's a long way to go."

Another encouraging trend the AARP article pointed to was that while 10 per cent of women aged over 50 hold management positions, so do eight per cent of women under 50, indicating younger women workers are climbing the corporate ladder quicker.

"I think that's encouraging because (50+) women

in the workforce have had a lot of time to rise to management positions. Under fifty, not so much, yet there's not much disparity," he said.

The high levels of university participation among women raises the question of why that doesn't directly translate to even higher levels of management jobs, but it may be because women tend to delay or

pause their careers to raise children more often than men. "We have better-edu-

Facts on women

- Fortune 500 companies headed by a woman: 15;
- Women-owned businesses in the U.S.: 10.1 million;
- Working women age 50+ in professional, management or business occupations: 42 per cent;
- Women who are household's primary breadwinner: 40 per cent;
- Women who made minimum wage or less, 2008: 1.5 million.

AARP BULLETIN—
JANUARY/FEBRUARY 2010

cated mothers to raise better-educated children," Keister said.

He compared the findings to a 1900 census that found just 20.6 per cent of women "engaged in gainful occupations."

"We've come a long way from the 1900s," he said.

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MSVU LAUNCHES FIRST SCIENCE COMMUNICATION DEGREE IN CANADA Mount Saint Vincent University is introducing this fall a four-year undergraduate degree in Science Communication, the first of its kind in Canada. The program

capitalizes on MSVU's strengths in the areas of communication studies and science to fill a gap in the country's need for well-qualified science communicators who can work with government departments, university researchers, and media outlets.

NEW FIVE-YEAR ACADEMIC PLAN AT WLU Wilfrid Laurier University's senate has approved a new academic plan to guide the institution's academic planning over the next five years. The plan merges the 2005 Century Plan

with the values, vision, and mission statements developed through the 2008-09 Envisioning Laurier process, and identifies nine core principles and six academic domains that make WLU unique.

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Downsview a major sports hub

North Toronto neighbourhood draws business from far and wide

Small Business City

RAFAEL BRUSILOV
for Metro Canada

Sport is big business in
North Toronto's
Downsview

neighbourhood, bringing in clients that help other small businesses prosper as well.

The sports and recreation halls that have sprung up in Downsview Park since the old army base was closed in 1996 tend to draw a steady stream of sports-minded clients from across the GTA and beyond.

At The Rail Skate Park (75 Carl Hall Rd., Unit 11), located in the heart of Downsview Park's commercial strip, owner William Mok says finding customers hasn't been hard because the area's reputation as a recreation hub.

"Downsview is a great hub for sports. Our clientele comes from all over, even outside of the city. We get people from as far away as Maple, Newmarket and Barrie. I think it's a great advantage to be here," Mok said.

Mok's experiences at Downsview in the four years since he bought The Rail have been positive, though he wants to see a better direct transit connection built between Yorkdale Mall and the Park because getting to the Park without a car is challenging for his core clientele aged 14 and under.

"The other owners here are very friendly and we get along very well — we have monthly meetings to see how we can help each other out. I would like to see some improvement in the transportation. Yorkdale is a hotspot and if we could get some shuttling from there to Downsview Park that would be great," Mok said.

To the west of the neighbourhood, residential streets built in the 1960s take over the landscape of Downsview and more traditional businesses take root. At Vic's Hardware (1070



Wilson Ave.), third-generation owner Jerry Spinosa has seen the cycle of new, old and new again in Downsview directly. Vic's Hardware opened in 1963 when the houses in Downsview were brand new and the client base was mostly monocultural.

CONT. ON NEXT PAGE >>

Business in Downsview is diverse, but sports take the main stage with places like The Rail Skate Park, top. But in the west traditional family businesses flourish with places like Vic's Hardware.

Downsview will be the focus of this week's Spaces and Places feature in Metro Homes this Thursday. Don't miss it!

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To start at any level other than Beginner I, you need to come in for a placement interview. Interviews for the spring term will take place between 5 and 7 pm on April 12 and 13 at our Casa Loma campus (1 Dartnell Ave., Building D, room 309). Drop by — an appointment is not necessary!



Nearly \$4 million for Cégep de la Gaspésie et des Îles campus infrastructure

The federal and Quebec governments announced last week more than \$3.84 million from the Knowledge Infrastructure Program towards a new training centre for wind turbine maintenance at Cégep de la Gaspésie et des Îles. **METRO NEWS SERVICES**

<<CONT. FROM LAST PAGE

Spinosa says Downsview is different from back then, but mostly in good ways.

"This isn't what I would consider and up-and-coming neighbourhood. You're looking at small improvements over the length of time. It was predominantly European for decades, now it's starting to be more multicultural, so it's still a good place to do business overall," Spinosa said.

The mall at Wilson Avenue and Keele Street where Vic's Hardware sits recently got a facelift a few years ago and new condo developments in the area bring the promise of more potential customers.

"There's more condos going up soon and that will help immensely. Obviously it increases the population density so you can get a bigger customer base," Spinosa said.

Zuzi Montezuma sells organic body products at the market stand he opened just a year-and-a-half ago, Eli's Body Shop, at the Downsview Park Merchant's Market. He picked Downsview because of its mix of cultures and backgrounds to maximize the appeal of his cosmetic and



Owner of Eli's Body Shop Zuzi Montezuma chose Downsview because of the mix of cultures and backgrounds.

health products. So far his choice is paying off.

"Because I don't have any comparison to before the recession I haven't seen tough times — my experience here has been great. My clientele list is growing each and every day and my aim is to eventually have many little franchises in flea markets around the GTA," Montezuma said.

"There's more condos going up soon and that will help immensely ... you can get a bigger customer base."

Vic's Hardware owner Jerry Spinosa

Good Eats in Downsview

- Mary Bernaudo, owner of California Sandwiches (3703 Chesswood Dr.) says the nearby sports complexes at Downsview Park have created a throughfare of clients that never used to exist when she first opened in 1996.
- "You can see the new faces

around here, and we don't do any advertising. We always got business people and we have a very loyal clientele but now there are more younger people and we're seeing a lot more one-timers coming through the door," Bernaudo said.

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24workology

Driving and dialing on the rise: Study

While smart phones have made it easier for workers to stay connected to the office, they may not be a good idea for every commute.

According to a new CareerBuilder survey, more than one-half (54 per cent) of workers who have a smart phone or similar device said they check it when driving a vehicle. Comparing industries, sales workers (66 per cent) used their smart phones while driving more than any other group surveyed, followed by 59 per cent of professional and business services workers and 50 per cent of health-care workers.

Some workers admit they may be risking safety on the road to check their phones because they feel pressured to do so. Twenty-one per cent of workers say they check their mobile device every time it vibrates

or beeps and 18 per cent report they are required by their company to be accessible beyond office hours via mobile device. Also, 14 per cent of workers said they feel obligated to constantly stay in touch with work because of the current tough economy.

In addition to driving, workers with smart phones said they are checking in with

the office on their smart phones from virtually anywhere and everywhere, including:

- During a meal;
- On vacation;
- While in the bathroom;
- Lying in bed at night;
- On a date;
- At church;

Some advice:

- **Turn off your smart phone when driving:** Not only is it illegal to use your phone without a hands free device in some provinces, but using your mobile phone while driving is dangerous to you and others on the road.
- **Set priorities for outside of work:** Twenty-three per cent of workers who are required to be accessible beyond office hours report that being too connected has caused issues or arguments with their friends and family.

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Encourage taking breaks

Children are likely to be more productive if they take a break after about 20 minutes. Children should not feel overwhelmed while doing homework. Allow children to take breaks, and eventually they will develop their own pace of studying. TUTORING.SYLVANLEARNING.COM

Small Scholars

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Fun, learning combined

RAFAEL BRUSILOV
for Metro Canada

After-school activities aren't just a convenient way to keep kids busy until their parents come home, they're a powerful tool in the development and education of child learners.

The modern art of teaching itself has changed greatly in recent decades, with more focus today on learning that catches kids' interest and lets them explore new things in a personal way.

Yet outside of the classroom, kids still need to be kids and many after-school programs offer educational and developmental benefits hidden within fun, involving activities that teach life skills in a natural way.

Lorrie Huggins co-authored the curriculum for the Playing to Learn program — which is implemented at YMCA centres across Canada — offering a myriad of sports and other group activities to keep



Kids need time to enjoy their interests in a pressure-free zone.

kids active after the school bell has rung.

She says after-school programs in general can be a great boon to a young child's development because they offer opportunities to engage a child by tapping deep into his or her personal interests.

"Research tells educators play is the way children learn, and it also says the longer a child is actively engaged in an interest, the more they learn. Children experiment and discover

and we as educators need to set up opportunities for them to do just that," Huggins said.

With Playing to Learn, the YMCA polled kids and found they were excited to learn and grow as individuals after school, but they wanted to throw off the shackles of traditional academic learning once they'd left the classroom.

"We asked kids what they wanted in an after-school program and they emphatically wanted an

active place, a fun place, they wanted it more like a club than school. That drove our school-age programs into something that feels different than school," Huggins said.

Just like adults need some downtime from the structure and stress of a normal workday, kids need time to unwind and enjoy their interests in a pressure-free zone — the result is a greater rate of development.

For Suzy Moreira, her own daughter's experiences with after-school programs, first at the YMCA and now with the Boys and Girls Clubs of Canada, have made her daughter into a much more confident child.

"Being in these programs has helped her ability to socialize with other people," she said. "It's really given her greater confidence, and when you build confidence in kids, they have more opportunity to ask questions in school, to be that outward person."

Experts offer tips on finding the right tutor

JON TATTRE
for Metro Canada

It can be distressing when your child starts to fall behind at school, but experts say finding a good tutor for the small scholar can quickly get them back on track.

Ian Cunliffe, who runs Vancouver Tutoring Service, compares it to a leaky boat. The holes are the gaps in the student's

knowledge and the incoming waves are the new learning. He says a good tutor can come in, patch up the holes, and get the student afloat again.

"A good tutor's goal is to work briefly but intensely to get a child back on track, getting them caught up and feeling empowered and then releasing them. You want the student to outgrow the teacher," Cunliffe says.

For the tutoring to work, all three points on the triangle have to connect.

"You need commitment from the parent, from the tutor, and most importantly, from the child," he says.

That common spirit is more important than trying to match personalities, he says, because you can bring your child to a tutor, but you can't make him learn.

"I firmly believe that

every child wants to be successful," he says.

Gabriel Kuperman of Tutor Index, a company that matches children to tutors across Canada, says parents should first study the tutor.

"A great tutor has experience in the subject. You want to know their qualifications — have they gone to university? Do they have their teacher's degree?" he says.

Study tip

Put together a homework kit for your child. This could include a range of supplies such as pencils, a dictionary, a thesaurus, glue and coloured pencils.

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One of the largest pubs in Canada is in what is called the Irish Village in Ottawa, where four different pubs under the same roof take up a city block. It is called the Heart & Crown in the Byward Market. **THE CANADIAN PRESS**

Food



Authentic Irish pubs

Here are some tips on how to enjoy an authentic Irish experience on St. Patrick's Day and throughout the year: Find an Irish pub by checking online or in the local phone book. The real Irish pubs serve Irish food, music and draught Guinness or a number of the country's brews, and not only on St. Patrick's Day. Go for the atmosphere, including the talking, laughing, singing and dancing. Source: weareirish.ca.

THE CANADIAN PRESS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Eat like the Irish

Celebrate St. Paddy's with green edibles

Shamrock Soup

On a day when we celebrate everything green, why not make dinner green too? Broccoli and potatoes make a bright, perfectly smooth and delicious soup that's easy to prepare. The shamrock-shaped croutons add fun and flavour.

MAKES 6 SERVINGS

INGREDIENTS:

- 1 large bunch broccoli
- 15 ml (1 tbsp) butter
- 3 cloves garlic, minced
- 1 onion, chopped
- Salt and pepper
- 2 potatoes, peeled and chopped
- 1 l (4 cups) reduced-sodium vegetable or chicken broth or stock

- 500 ml (2 cups) milk
- 125 ml (1/2 cup) shredded havarti, cheddar or mozzarella cheese
- **SHAMROCK CROUTONS**
- 4 to 6 slices whole-grain bread
- Sour cream or plain yogurt (optional)

METHOD:

Cut broccoli tops from stalks. Peel stalks and chop coarsely. Cut tops into small florets and set aside separately.

In a large pot, melt butter over medium heat; sauté garlic, onion and 1 ml (1/4 tsp) each salt and pepper for about five minutes until garlic and onion are softened. Add broccoli stalks and potatoes and sauté for

one minute.

Add broth and bring to a boil over high heat. Reduce heat, cover and boil gently for about 10 minutes or until potatoes are almost tender.

Add broccoli florets and boil gently, uncovered, for about five minutes or until florets are tender.

Meanwhile, make Shamrock Croutons: Using a shamrock cookie cutter or a sharp paring knife, cut shamrock shapes from bread and place on a baking sheet. Preheat broiler.

In a blender, in batches, or with an immersion blender, purée soup until smooth. Return to pot if necessary. Stir in milk; heat over medium-low heat, stir-



Shamrock Soup.

ring often, just until steaming (do not let boil). Remove from heat; stir in cheese until melted. Season to taste with salt and pepper.

Just before serving, broil croutons on each side until toasted. Ladle soup into bowls, top with a spoonful of sour cream, if using, and float croutons on top.

THE CANADIAN PRESS

Liquid Luck Cocktail

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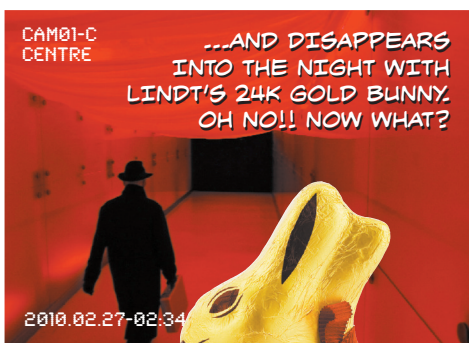
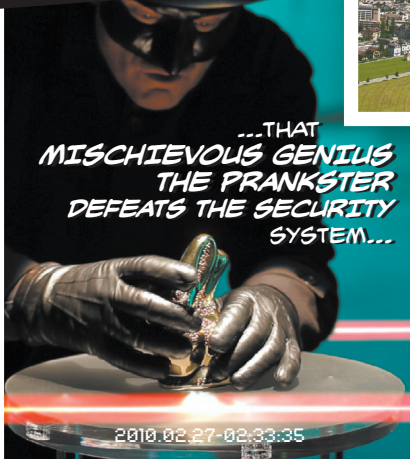
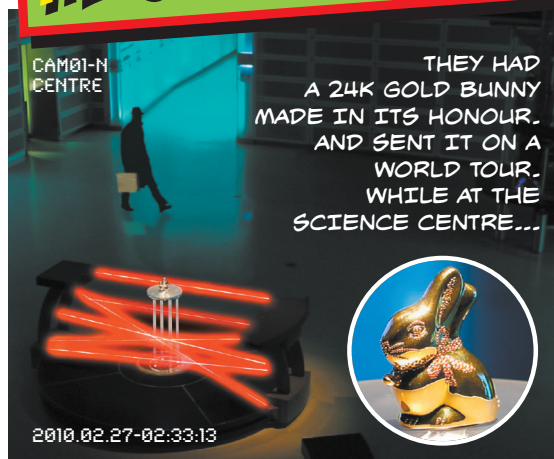
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Not just for girls any more

Health Canada has approved GARDASIL, a vaccine previously only available to females, for males from the ages of nine through 26 for the prevention of infection and genital warts caused by Human Papillomavirus (HPV). There are 114 new cases of genital warts diagnosed in Canada every day. **METRO NEWS SERVICES**

27

Health & Beauty

EDITOR: EMMA.YARDLEY@METRONWS.CA

Taking care of your skin is like working out

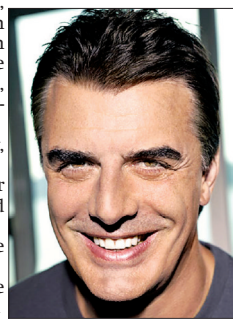
JANINE FALCON
for Metro Canada

Turns out being a big star doesn't make a guy much different from most, at least when it comes to skincare products.

The growing variety on retail shelves, although an itty fraction of available lady potions, seems overwhelming, and frankly, shopping around for the latest and greatest holds little appeal.

If someone gives you something you happen to like, though, you're loyal. And if you're "Big" actor Chris Noth, you become the North American face of the brand.

"I came here on a job and I couldn't bring stuff on a plane," Noth told Metro during his recent visit to promote his new role as the face of Biotherm Homme.



"You're on this earth and have to deal with gravity."

Chris Noth

"I said I needed some stuff, shaving cream, moisturizer. (My agent) brought me the Biotherm and it was, you know, it was simple, it was good."

"I just kept using it and then we formed a relationship with them."

Noth, of course, is known for his role as reformed bachelor Mr. Big in Sex and the City, and currently plays a not-so-good husband on TV's The Good Wife.

A self-described "simple" guy, he explained that before Biotherm, he wasn't into skincare.

"I paid no attention to it before. I used anything and nothing."

Now he regards a regimen as part of his routine.

"It's kinda like working out. You do it not just because it helps your body, but it also makes you feel clarity, grounded," he said.

"You're on this earth and have to deal with gravity."

Manly stuff to try

Among Noth's Biotherm Homme favourites are the Force Supreme Neutralizer Anti-Wrinkle Moisturizer (\$55), and the High Recharge Yeux Anti-Fatigue Cold Eye-Serum under-eye roller (right, \$40), which refreshes tired eyes.

"I keep it in my car," he told Metro.



Dove Men + Care Extra Fresh Body and Face Wash does double duty, \$6.99

Biotherm Homme Force Supreme Neutralizer Anti-Wrinkle Moisturizer to fight signs of aging, \$55



Clinique Skin Supplies for Men Age Defense For Eyes to help with under-eye wrinkles and dark circles, \$28



Gillette Fusion Power MVP razor micro-pulses for a shave more comfortable for sensitive skin, \$12.99



Clarins Men Active Face Scrub to get rid of flaky patches, \$32. Anti-Wrinkle Moisturizer to fight signs of aging, \$55



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Tuesday, March 16, 2010

28 health & beauty

According to the World Health Organization tobacco is responsible for the death of some 5.4 million people a year — one person every six seconds. **METRO NEWS SERVICES**

Scary fact

Addiction is a family affair

CELIA MILNE
for Metro Canada



For each person with an addiction, it's estimated that seven others will be directly affected.

That's why it's important to involve family members in treatment.

"When someone is addicted, whether it is alcohol, street drugs, gambling, or the Internet, it impacts everyone else in the family. Families live in silence, fear and shame," says Linda Bell, president and CEO of Bellwood Health Services in Toronto.

Addiction is fairly common. Alcohol addiction alone affects about one in 10 people in Canada, and there are many other addictions besides alcohol. You can tell it's an addiction if it's interfering with other parts of the person's life and they can't stop.

There's a great deal of shame and secrecy attached to addiction, and Bell hopes talking about it helps people understand that it's an illness.

"We talk about cancer, heart disease and breast exams. But we don't talk



One family member's addictions can affect the whole family.

"We talk about cancer, heart disease and breast exams. But we don't talk about addiction and how to get out of it."

Linda Bell, president and CEO of Bellwood Health Services in Toronto.

about addiction and how to get out of it. People think it's willpower. That's like trying to recover from lung cancer with willpower."

When people with an ad-

diction finally reach out for help, the problem is often very far gone.

"People who come are in crisis," says Bell. "Examples might be, their doctor has said their liver is enlarged, they're having gastrointestinal problems, they've been charged with impaired driving, they've had a car accident, they're bankrupt, their job is on the line, or they've been caught stealing."

By the time the addiction gets to that point, the family has been through hell.

"It becomes very stressful for the other people. Their loved one might be at the race track, the casino, the bar. Life becomes

unpredictable and chaotic. Everybody stops talking about it."

Family members often feel guilt and shame. Children stop bringing friends home; partners become isolated.

"Families will have lived with this for many, many years before the bottom falls out," says Bell.

Her advice? "Reach out. Find help." There are addiction services in every community. The recovery process is much easier and more successful if you intervene early, she says. In the general population, about 70 to 75 per cent do well in recovery.

Treatment can be a long, slow process — typically five years — and the degree of success depends on the person's motivation. Treatment focuses on retraining the brain, teaching the patient to know they are smart and valuable, and giving the brain a rest through a period of abstinence. It culminates in a 12-step recovery program for both the addict and the family.

"It's a treatable problem," says Bell. "People get better."

Trainer James Duigan's best exercises for ex-smokers



James Duigan

"The cure to smoking is to stop smoking," says James Duigan, personal trainer to Elle Macpherson.

"The main role of exercise in the whole quit smoking process is that it shows you how much damage you have done to your body."

Duigan explains how

smoking drastically reduces your lung capacity, as well as damage this vital organ. Going for a run, swim or cycle or even attending a pole dancing class — do something that will get you breathing heavily and break out into sweat. This will speed up the detoxification

process and make you realize what you can and cannot do physically. "Many ex-smokers lose perspective on exercise, as they just feel awful all the time," continues Duigan. "Exercise can be a real motivating factor."

**ROMINA MCGUINNESS/
METRO WORLD NEWS**



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Product check list

With limitless options, shopping for skin-care products can be overwhelming, especially to the untrained male eye.

Brian Lau, founder of Bread&Butter Skincare has broken down the top five things people should be looking for when purchasing skin-care products.

SUN PROTECTION

You should look for more than SPF protection. The SPF rating only indicates your protection level from UVB rays, but UVA rays also increase the risk of cancer, and also ages the skin. Look for products that claim UVA protection or include ingredients such as titanium dioxide, zinc oxide, avobenzone and ecamsule.

BENEFICIAL ALCOHOLS There fatty alcohols in products that moisturize your skin. But alcohols such as ethanol, denatured alcohol and ethyl alcohol, can be extremely drying and irritating to skin.



Brian Lau

THE RIGHT PACKAGING Products that are packaged in jars are not recommended. Each time you put your finger in the jar, you are putting all the bacteria that your hand has touched, into its own little cultivation dish and then transferring those germs to your skin.

KNOW WHAT'S ORGANIC Not all organic products are 100-per-cent organic. There is no regulatory body that polices these products right now in Canada.

STAY CLEAR OF PRODUCTS THAT TINGLE THE SKIN These products usually include an ingredient such as menthol, which essentially irritates your skin to cover up other irritants in the product, which is particularly harmful for men who cut and nick their faces while shaving.

Go to breadandbutter skincare.com for more information.

METRO NEWS SERVICES

Pace yourself

FITNESS Spring means it's time to hit the links, the courts and the fabulous outdoor paths in our great country. But if you haven't done much physical activity all through the winter, it's important to build up your activities gradually.

"Ensure gradual increase in training loads and progressions," says Carl Petersen, a partner and director of high performance training at City Sports & Physiotherapy Clinics in Vancouver, B.C.

"Men are less flexible than women and therefore need to do a dynamic warmup prior to any activity," he says. "Research shows that doing stretches after the activity and again before bed will give a 50 per cent decrease in lower extremity overuse injuries."



CELIA MILNE/
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Eva is happy again:

"I lost half my body weight"

You may have heard the story of "The man who made the whole town lose weight". The successful health food storeowner, Johnny Pettersen found himself in the media because he made so many people lose weight in his hometown Ålesund, Norway. Eva is one of his many customers that just happened to lose half her body weight, using Mulberry.

Eva used to have a tremendous craving for sweets. She would wake up at night with cravings and never knew why. Today Eva has regained control of her life thanks to the food supplement Mulberry Zuccarin. And she went from a clothing size of 18 to a 6.

The sugar craving went away

In a relatively short time Eva had gained almost 30 kilos. One day she needed help picking up a bag from the ground, but couldn't bend far enough. Her weight was over 100 kilos, and Eva - only being 154 cm tall - was very desperate and depressed.

Eva found a health food store in Ålesund and asked for help. There, she was recommended the Mulberry tablets, which are based on mulberry leaf extracts. Eva used Mulberry as prescribed - and has never regretted her choice.

Completely new wardrobe

"The results were not slow to come and after one year my weight had gone down considerably", says a smiling Eva. Time goes by and Eva has now used Mulberry for three years. She has lost a total of 46 kilos! She has changed her whole wardrobe, throwing out all those old size 18 clothes. Today Eva is still taking Mulberry, but only when she feels the sugar craving returning.

Sugar - our worst enemy in food

You may burn your fat deposits and lose weight, if you use up more calories than you get from eating and drinking. But there is also another trick! You can make sure that some of the calories, which you get in, are not absorbed in your body. Many herbs and plants can make it more

difficult for your body to absorb the calories you eat. The leaves from mulberry trees are one of the very best. These leaves have been used for centuries in Japan in different kinds of foods for this reason. Mulberry leaves contain a natural extract called DNJ, which works in harmony with the body.

Break the power of habits

Sugar is a stimulant for your brain and has an influence on your eating behavior. But like everything else this is a habit. Scientists have found out that it takes approximately 3 weeks to break it. When you take Mulberry and your body absorbs less glucose, you will also make your brain need less glucose. So without thinking about it, your mood swings and cravings for sugar will become less, and you will lose weight.



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Do I need to be a jerk to get women to go out with me?

The J Spot

Josey Vogels

metronews.ca/thejspot

The self-proclaimed "nice guy" asking me this question has spent one too many days in I-like-you-as-a-friend purgatory. I figure he deserves an answer.

Because you know what he's talking about right ladies? C'mon, admit it. You hear yourself say it to your girlfriends: "He's a reeeally nice guy, funny, considerate, a real sweetheart. I don't know what it is, but I'm just not attracted to him."

Am I right? Why go for funny, sweet, considerate when we can go for indifferent, self-centred and manipulative? So much sexier.

So, why do women love bad boys? For some women it's about the challenge and the excitement. Nice guys are too predictable. They want to love them, but the good girl in them wants to rebel. And since society doesn't like bad girls, they let bad boys bring out the rebel in us.

"I want to be comfortable but not bored," a bad-boy addict girlfriend tries to explain. "I'm not sure that exists so I go for the thrill instead."

One could also argue that going after guys who are clearly lousy long-term relationship material is like the female version of "commitmentphobia." It's less scary to long than to genuinely love.

Some women latch on to the naïve belief that she'll be the one to turn him around. Of course, one could also argue that being attracted to people who make us work a little hard-

er for it is simply human nature. Just as many guys are drawn to indifferent, rebellious "bad girls" who keep them guessing, we all like a bit of a challenge when it comes to relationships. It's not that you have to turn into a lout to get a date. But the problem with some nice guys, is that, well, they're a little too nice.

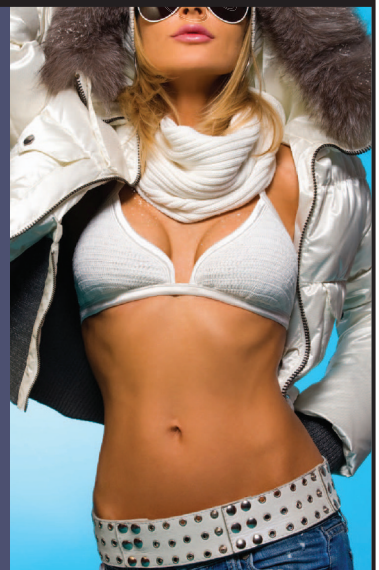
Women do like to be treated nicely but they also appreciate a guy who's willing to stand up for himself. It's very hard to respect a guy and believe he likes himself enough for us to like him if he's willing to take whatever a woman dishes him.

So you can be nice without being a doormat. And you can be self-confident without coming across as an arrogant, well, jerk. And hey, if you ride a motorcycle, it might not hurt.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Duval, Farrell bring movies to Tribeca

Colin Farrell and Robert Duval are among those bringing films to the Tribeca Film Festival in New York. The festival announced the bulk of its lineup yesterday. Making its U.S. premiere will be Neil Jordan's *Ondine*, starring Farrell and Duval in *Get Low*. **THE ASSOCIATED PRESS**

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA



More than friends

David Schwimmer is engaged. The former *Friends* star, 43, asked for Zoe Buckman's hand in marriage after the 24-year-old British photographer recently moved to the U.S. to be closer to him. **FEMALEFIRST.CO.UK**

Fell in love with North

White Stripes film captures band's all-Canadian tour

PHIL BROWN
for Metro Canada



In 2007 the minimalist rock duo The White Stripes embarked on a special tour across Canada. Jack and Meg White vowed to play in every province and territory from P.E.I. to Iqaluit, creating spontaneous shows wherever they went.

This led to some pretty strange one-off gigs including a one-note show in St. John's and a bowling alley performance in Saskatoon. It was a bizarre tour that was filmed for the documentary *The White Stripes Under Great White Northern Lights*, out on DVD today. Shot in a low-fi style that mimics the band's aesthetic, the film is a love letter to The White Stripes and Canada that should please fans and local audiences alike.

Surprisingly, this documentary was almost an afterthought for front man Jack White, who was more interested in the experience of touring across Canada than he was in filming it.

"The tour itself came first and the documentary came second," White told Metro. "Meg and I wanted to explore this gigantic frontier right next to where we'd grown up in Detroit that was so untouched by not just our band, but touring



The White Stripes *Under The Great White Northern Lights*, out on DVD today, chronicles the band's 2007 tour of Canada during which they played in every province and territory.

The White Stripes Under The Great White Northern Lights is out on DVD

bands in general. After doing some research we couldn't even find a Canadian band that had toured every province and territory. Also, half of our family goes back to Nova Scotia roots for about three or four generations and we thought it would be a perfect place to have our 10th anniversary show."

Though it wasn't the impetus for this specific project, White did admit that he'd always had a desire to make a tour documentary: "When you're on tour you tend to watch a lot of films about bands on the tour bus. I kept saying that this is definitely one of those movies that would be

"Meg and I wanted to explore this gigantic frontier right next to where we'd grown up in Detroit that was so untouched."

Jack White

the first thing we would buy before we hit the road."

However, White was also quick to point out that he has an uneasy relationship with these types of projects and was nervous about the production.

"I'm not too big of a reality TV fan or a peak-behind-the-curtains fan, especially in this day and age there's so much of that going on and so little mystery about the world of music and cre-

ativity," claimed White. "Sometimes it was hard to watch the film as it was being put together."

But despite any trepidations he may have had about the documentary, White does feel proud about the project if only because it highlights some of the strange free one-off performances that he played for audiences completely unfamiliar with The White Stripes.

"I live for those moments and the energy that comes from playing with an audience that has no interest in what Meg and I do," said White.

"The free shows we were doing in the daytime made that happen. One day we played at a fort in Halifax with a marching band and those experiences were why we did the tour."

DVD picks



The Twilight Saga: New Moon

Directors: **Chris Weitz**

IT'S FANGS FOR the memories in this second chapter of the Twilight saga, out on DVD Saturday, as the love between human teen Bella (Kristen Stewart) and her vampire beau Edward (Robert Pattinson) becomes even more of the mind than the body.

There's no sophomore slump here, quelling fan fears that a switch of directors from Catherine Hardwicke to Chris Weitz might bite into the emotional continuity of this unorthodox romance.

Picking up where franchise starter *Twilight* ended, *New Moon*'s main drama begins at Bella's 18th birthday party.

A seemingly innocuous accident provokes an unforeseen and potentially fatal response, prompting Edward to move his vampire kin out of the soggy town of Forks, Wash.

His actions are the catalyst both for heartbreak and the deepening of desire. Bella's native American friend Jacob Black

(Taylor Lautner), briefly seen in *Twilight*, becomes entangled in both a love triangle and an progressively more volatile supernatural world, in which werewolves rise to do battle with the vampires.

Extras include a commentary by Weitz and editor Peter Lambert, a six-part documentary, rehearsal footage and music videos.

Broken Embraces

Directors: **Pedro Almodóvar**

THE POSTER IMAGE of an agitated Penélope Cruz dressed all in red unmistakably marks this as a Pedro Almodóvar movie, another adventure in primary colour and emotion with his favourite muse.

Andy Warhol's stylish disarray might have been a better reference point for this crazy quilt of a picture, at least half of which doesn't seem like the work of Almodóvar.

This would be the half where it hugs film noir, through dum-de-dum-dum events involving winding staircases and twisting roads that may or may not involve evil intent.

Broken Embraces is rife with references to noir classics, most notably to Louis Malle's murder maze *Elevator to the Gallows*.

Almodóvar shifts time, identity, moods and films-within-films with dizzying abandon, never losing control but never quite pulling everything together, either.

Extras include deleted scenes, interviews, and the Almodóvar short *The Cannibalistic Councillor*.

Peter Howell/for Metro Canada



Sarah buys the farm.

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Hoffman could direct new movie
Dustin Hoffman is planning to step behind the camera to direct his first movie at the age of 72. The Oscar-winner is reportedly in talks to take charge of new film Quartet. FEMALEFIRST.CO.UK

A revolution in new music

TheAudioFiles

Bryan Borzykowski

metronews.ca/music

Among all the music, films and business deals currently going on at this year's South By Southwest conference in Austin, Texas, are more than 50 presentations related to the cellphone. From mobile de-

sign and advances in coding to how NASA uses mobile technology, every miniscule facet of the business seems to be covered.

Naturally, a number of talks, most of which happened this past weekend, centre around how mobile tech is changing the music



Many artists are reaching out to fans via mobile devices. Death Cab For Cutie's app lists concert dates, lyrics, artwork and videos, while T-Pain's famously included an auto-tune function.

industry. "How Pandora Navigated the Smartphone Seas" discussed how the popular streaming music service adapted to BlackBerrys and iPhones, while "How to Access The Chinese Music Market" focused on how artists can take advantage of that country's 700 million cellphone users. But no matter how many experts wax poetic on the future of mobile innovation, one thing's certain — the smartphone is the biggest thing to hit the music industry since the MP3.

The music biz took to the cellphone industry early — ringtones put buckets of cash into the pockets of labels, and mobile music is a big reason, according to the International Federation of the Phonographic Industry, which estimates that 27 per cent of the music industry's global revenues came from digital sources.

But mobile music is still in its infancy. Labels are still trying to get a handle on the digital shift, which means they'll (hopefully)

be willing to try anything to boost revenues, including introducing innovative apps and services to cellphone users.

One product that critics claim could dramatically alter the music industry is Spotify, a streaming music site that's only available in a few European countries right now. Like its desktop counterpart, the iPhone app lets users stream (online and offline) more than 3.8 million songs wherever they go. Imagine having access to the entire iTunes catalogue for about ten bucks a month on your phone (or free on the CPU version), and you can understand why some people think this product — and the mobile version specifically — will revolutionize the music business.

It's not just music consuming programs that are shaping the way we interact with our phones; a growing number of artists are reaching out to fans via mobile apps. Death Cab For Cutie's app lists concert dates, lyrics, artwork and YouTube videos, while

T-Pain's program famously included an auto-tune function that let his followers alter their voice like the rapper did on his most recent record.

While T-Pain's app didn't let you record your voice, others do. In fact, you can record entire songs on a number of mobile four-track apps such as FourTrack and GigBaby.

The future of mobile is yet to be written, but imagine downloading songs from a concert a few minutes after they're played, remixing tracks on your phone at a party, or even contributing vocals to your favourite artist's album while you're at work. Whether you like it or not, the music industry is changing in ways that most of us can't even imagine.

There's only one thing that will slow down the mobile music experience — forgetting to recharge your phone.

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

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Winslet splits from director husband

PEOPLE Oscar-winning actress Kate Winslet has split from her film director husband Sam Mendes, a British law firm said yesterday.

The 34-year-old star separated from Mendes at an unspecified point earlier this year, Shillings law firm said. It wasn't clear whether divorce proceed-

ings have begun. The pair have been married since 2003 and have two children.

In a statement emailed to journalists, the law firm said the split was "entirely amicable and is by mutual agreement."



Winslet

"Both parties are fully committed to the future joint parenting of their children," the statement said. A call and an email seeking further comment were not immediately returned.

THE ASSOCIATED PRESS

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Case will be over soon: Polanski's wife

The wife of Roman Polanski says she believes the 32-year-old sexual abuse case against her husband will be finished soon. French actress Emmanuelle Seigner, 43, made the comments in a TVN24 interview in Poland yesterday. **THE ASSOCIATED PRESS**



Kristen Stewart plays rocker Joan Jett in *The Runaways*.

Jett-ing her hair down

NED EHRBAR
Metro World News

The first time she met Joan Jett about portraying her in *The Runaways*, Kristen Stewart was petrified that the rock legend wouldn't take her seriously because she still looked like Bella Swan.

"It was so scary because it felt like this is the meeting that either fires me or keeps me on," Stewart remembers. "My hair was still long, I was about to do *New Moon*. I felt like she was going to look at me and go, 'What makes you think you could play me?'"

It turns out the hair was a

factor, but one that worked to Stewart's favour, according to Jett: "I asked her, 'Are you going to cut your hair?' And when she said yes, it really gave me a sense of comfort, that she was very committed to becoming me," Jett says.

But hairstyles aside, Jett immediately took to her younger doppelganger. "I liked her right away," she says of their first meeting — at a Denny's in the San Fernando Valley. "I thought she was really great. Probably took a minute for us to get comfortable."

For Jett, the creative force

behind 1970s all-girl punk band the Runaways and hits like *I Love Rock and Roll* and *Crimson and Clover*, watching her youth come alive on screen was more than a little surreal, especially since the film chronicles such an important part of her life — filled with some painful memories.

"To see the reaction be so harsh and so mean-spirited because we're playing music? The disparity just was weird, and I didn't get it, and it made me really angry," she says of early reactions the band received. "Why people are so threat-

ened for girls to play rock and roll, I just don't get. I still don't get it. To be told, you can't play rock and roll."

The film covers some rather mature subject matter, something Jett was proud to see the filmmakers not shy away from.

"Teenagers are sexual. Teenage girls are sexual," she says. "Sorry. It's the reality. And to dismiss it like it should not have a voice is very insulting to teenagers."

Luckily for Stewart, her parents have gotten used to the young actress dealing with mature themes.

"I was more nervous about it when it was younger."

The Runaways opens Friday

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American movie director Tim Burton has been inducted into France's cultural honour roll in a Paris ceremony. Culture Minister Frederic Mitterand made the director an officer in France's National Order of Arts and Letters. **METRO NEWS SERVICES**

Entertainment in brief

MUSIC Some musical acts that thrived in second lives are joining the Rock and Roll Hall of Fame. ABBA, Genesis, The

Stooges, Jimmy Cliff and The Hollies were inducted last night at the ceremony in New York. **THE ASSOCIATED PRESS**

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Funeral costs covered

Jewish chapel says it is helping family with Haim memorial

A Toronto Jewish memorial chapel said yesterday that it would help defray the costs of Corey Haim's funeral in Toronto, while fellow actor Corey Feldman said another memorial will be held in Los Angeles.

An administrator with the Steeles Memorial Chapel said the actor's family will get assistance in its time of need.

"We're here to help the family and do whatever we can for them," Marla Stewart said Monday of Haim's funeral costs.

"That's what we do, we're known for that."

Haim is expected to be laid to rest today in Toronto. Haim's mother requested it be a private memorial.

In a statement, Feldman said he would love nothing more than to be at Haim's funeral but will stay away due to the family's "strong religious beliefs and need for privacy."

"Understanding the recent media attention and

to be respectful of the family's wishes I have decided not to attend," he said.

"Instead I will remain in Los Angeles quietly mourning and planning his memorial. As a sign of respect I am asking the media to honour Corey Haim by making the same choice."

Feldman said the Los Angeles memorial will be held in April.

"At that time, the media will be invited to honour and celebrate the legacy he has left behind, along with friends, fans and the rest of the Hollywood community."

Born in Toronto in 1971, Haim died last Wednesday in Burbank, Calif., with an enlarged heart, pulmonary congestion and water in his lungs. He was 38. A cause of death has not been determined.

He rose to stardom in a string of '80s teen films including Lucas and The Lost Boys, but battled drug addiction later in life and filed for bankruptcy in 1997.

Feldman was quoted as saying his best friend was broke and at one point owed \$200,000 in taxes.

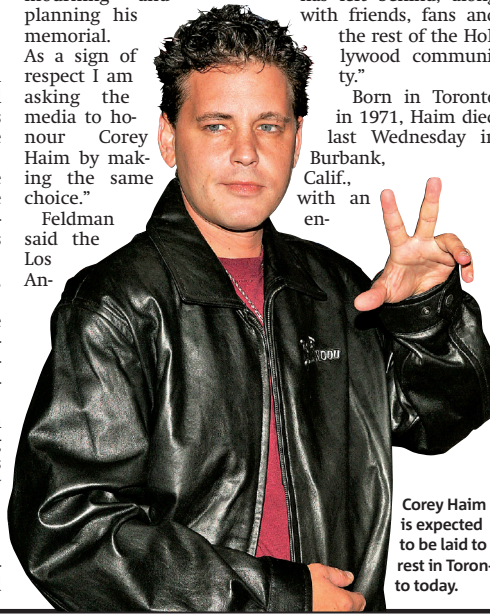
Stewart disputed reports that the City of Toronto would help with the funeral expenses.

"I don't know where the press got the notion that the city would be paying for his funeral, that's absolutely not true," she said.

The city also released a statement Monday saying it has "no involvement" in paying for Haim's funeral.

The city notes that while it does cover funeral costs for indigent people, an evaluation of the person's estate is done before any financial assistance is provided.

THE CANADIAN PRESS



Corey Haim is expected to be laid to rest in Toronto today.

	Vu	SD	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/16/10	265	353	2	TVO Blue Realm	ET Canada	The Agenda With Steve Paikin	Father & Son (Part 3 of 4) (N)	The Cosmos	The Cosmos	Agenda-Paikin		
	211	331	3	GTV Entertainment	NCIS: Jurisdiction (N)	NCIS: Los Angeles (N)	The Good Wife "Heart"	News Hour				
	215	343	4	OMN1 TwoHalf Men	The Office	Omni News: Italian Edition (N)	Vivere V	Omni News: Comedy Fest	Law & Order: Criminal Intent	Metropolis		
	210	302	6	CBC Wheel Fortune	Jeopardy! (N)	Rick Mercer	22 Minutes (N)	Kids in Hall	CBC News: The National	The Hour		
	214	344	7	CITY Law & Order: Special Victims	The Biggest Loser (N)	American Idol (HDTV) The 12 finalists compete. (Live)			Parenthood (HDTV) (N)	News		
	212	313	8	CTV Lost "Recon" (HDTV) (N)					Law & Order: Special Victims	CTV News		
	218	345	11	CHCH The Purple Rose of Cairo *** (1985)	The Commitments *** (1991, Musical) Robert Arkins, Johnny Murphy				Law & Order: Special Victims	News at 11 (N)		
	-	-	14	- Family Guy	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	TwoHalf Men	King/Queens	Cold Case		
	213	326	15	SUN George Lopez	The Insider (N)	Funnies Pets	To Serve and Protect	The Insider	Hilchcock Pres	Becker		
	-	387	16	CBS Inside Edition	Access H.	NCIS: Jurisdiction (N)	NCIS: Los Angeles (N)	The Good Wife "Heart"	News 4 at 11			
news	-	385	17	NBC Entertainment	The Insider (N)	The Biggest Loser (N)		Parenthood (HDTV) (N)	News			
	-	386	18	ABC Wheel Fortune	Jeopardy! (N)	Lost "Dr. Linus" (HDTV)	Lost "Recon" (HDTV) (N)	FlashForward (HDTV) (N)	News			
	219	346	20	ACH-B Degraasi: TNG	TMZ (N)	Lost "Dr. Linus" (HDTV)	The Middle	Old Christine	FlashForward (HDTV) (N)	A News		
	-	-	28	FOX Judge Judy	TwoHalf Men	American Idol (HDTV) The 12 finalists compete. (Live)		Seinfeld	TwoHalf Men	The Simpsons		
	-	388	61	PBS PBS NewsHour	Foot in Grave	Dr. Wayne Dyer: Change Your Thoughts, Change Your Life				Business Rpt.		
	297	652	330	WPX TwoHalf Men	Family Guy	90210 "Girl Fight" (N)	Melrose Place (N)	PIX News at Ten Tong.	TwoHalf Men			
	296	654	331	SBK The Insider (N)	Entertainment	Law & Order: Special Victims	WBZ News (N)	70s Show	Frasier	Frasier	The Office	
	298	653	332	TLA The Tyra Show		According-Jim	Family Guy	KTLA News	TwoHalf Men	TwoHalf Men	90210 (N)	
	502	390	26	NW The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National	CBC News: the fifth estate	National		
	500	500	33	CNN Situation Room-Wolf Blitz		Campbell Brown (N)		Larry King Live (N)	Anderson Cooper 360 (HDTV)			
family sports	509	504	79	CNB Kidulow Report (Live)		SI Swimsuit Issue		Marijuana Inc.: Pot Industry	Biography on CNBC (N)	Mad Money		
	405	417	22	net Hockeycentral NHL Hockey Toronto Maple Leafs at Ottawa Senators. (HDTV) (Live)				Sportsnet Connected	Sportsnet Connected	Hockey Centre		
	400	400	30	TSN That's Hockey!	World Poker Tour: Season 7	30 for 30 (HDTV)			SportsCentre (HDTV) (Live)			
	411	457	58	QLN Ghost Hunters	Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters International	Destin. Truth		
	417	406	81	SC NASCAR	NASCAR Hub	Race in 60 (HDTV)	Monster Jam (HDTV) (N)		Dangerous Drives (HDTV)	Pass Time		
	551	542	25	YTV Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	To Be Indie	Prank Patrol	
	554	544	45	TEL Ben 10: Alien Swarm (2009, Science Fiction)	Atlantis	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken		
	556	540	51	FAM SuiteLife	Suite Life	Sonny Chance	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
	602	567	27	W Supernanny		Shopping Bags	Grocery Bag	Beauty Call	Style by Jury	How to Look Good Naked	Beauty Call	
	570	580	29	MM Gossip Girl (HDTV) (N)	On Set	My Date With...	disBAND	Muchmusic Countdown	UR11			
cable variety	615	520	31	A&E Criminal Minds (HDTV)	Criminal Minds (HDTV)	Criminal Minds (HDTV)	Criminal Minds (HDTV)	CSI: Miami (HDTV)	CSI: Miami			
	700	800	35	TLN Centovetrine	Sky TG 24	Distretto di Polizia	David Rocco	Magnifica Italia	George Lopez	George Lopez	Lopez Tonight	
	571	581	36	MMM The Daily Fix		Ranked!	mmto10.ca		HammerTime	Gimme Sugar	Gene Simmons	
	575	583	38	CMT Amer. Funniest Home Videos		Reba	Reba	According-Jim	Home Improve.	Home Improve.	Meet-Willsons	
	616	521	39	SHO Relic Hunter		Anna's Storm (2007, Action) Sherie Wilson			Drop Dead Diva (HDTV)	NCIS		
	620	523	40	BVO To Dublin With Love		Live at the Rehearsal Hall	Natalie MacMaster & Friends Talents		McLauchlan	Law & Order		
	601	562	41	SLC Rich Bride Poor Bride		Party Mamas	Party Mamas	Wedding SOS	Wedding SOS	ET Canada		
	522	506	43	HIS Ancient Discoveries		Cities of the Underworld	Pawn Stars	Pawn Stars	Ancients Behaving Badly	Crime Stories		
	625	548	44	COM Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Filt-Conchords	Awesome	Daily Show
	600	564	46	H&G House Hunters	Property Virgin	Outdoor Room	Curb/Block	Sarah's House	Genevieve	House Hunters	House Hunters	Holmes-Holmes
cable variety	294	529	47	TBS Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: Special Victims	Seinfeld	Name Is Earl	Batman-Robin	
	576	582	49	BET 106 & Park: BET's Top 10 Live		Boyz n the Hood *** (1991, Drama) Larry Fishburne			Michael Vick	Tiny & Toya	Mo'Nique	
	627	528	50	SPC Stargate Atlantis (DVS)		Star Trek: Voyager			Masters of Science Fiction	Stargate SG-1		
	581	566	52	MTV Peak Season	Cribs	Cribs	Parent Control	16 and Pregnant	16 and Pregnant	MTV Live		
	618	524	54	TROP The Celebrity Apprentice	Each team must run a diner.		Dog Whisperer		End of Leash	Last 10	Tale Tales	
	603	561	56	FOOD Ricardo	Exotic	Dinner: Impossible	Hell's Kitchen		Good Eats	Good Eats	Restaurant	
	261	394	60	V Murder, She Wrote		May-December	When I Laugh	Quantum Leap	Unscripted	Crazy for Love	Toiletgeist	
	621	527	63	STR Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)	The Dr. Oz Show (N)	TMZ		
	553	546	65	TRE Backyardigans	Night Garden	Waybuloo	Max & Ruby	Franklin	Babar	Little Bear	Toopy & Binoo	Max & Ruby
	526	507	249	VIVA Cold Case		Missing		The Closer "Blindside"	Cold Case	Psychic Inv.		
cable variety	300	601	301	MI (7-15) Easy Virtue ** (2008, Romance-Comedy)				The Curious Case of Benjamin Button *** (2008, Fantasy) Brad Pitt				
	305	612	306	PX The Song of Hiawatha *** (1996, Biography), Lifefoot				Wonder Boys *** (2000, Comedy-Drama)			Beautiful Mind	
	520	146	-	DISC Daily Planet (N)		How It's Made	How It's Made	Destroyed	Destroyed	Swamp Loggers (N)	Daily Planet	
	637	-	-	TVLND Red Green	Red Green	Fantasy Island		Hart to Hart		Andy Griffith	Phil Silvers	Bizarre
	605	-	-	FASH etalk-Young	FashionTele	FashionTele	RAW	FT Found Footage		America's Next Top Model		

Portia 'demanded' Ellen take Idol gig

It wasn't a love for butchered cover songs that led Ellen DeGeneres to the American Idol judges' panel. "I was like, 'Honey, that's it. Go get another job,'" Ellen's wife Portia de Rossi tells People with a laugh. "I'm that demanding." **METRO NEWS SERVICES**



Celebrity Buzz

Miley, mom both crushed on Liam

SOUNDS LIKE AN EPISODE OF HANNAH MONTANA

Miley Cyrus fell for Australian actor Liam Hemsworth when they starred together in new movie The Last Song and the Hannah Montana star admits she initially didn't want to date the 19-year-old hunk because he is "too pretty," femalefirst.co.uk reports.

She said: "I don't know who had a bigger crush on him at the be-



ginning, my mom or me. I was like, 'No, maybe he's just too pretty. I don't want to be with someone who's better

looking than me. That's like awkward."

Hemsworth has also spoken about how the pair gradually became closer during shooting — on which Miley's mother Tish was the executive producer — because they were "each other's only friend." He said: "We spent a lot of time together. We're shooting together every day and together on weekends and we were kind of each other's only friends down there. We just got really close. We enjoyed being around each other."

METRO WORLD NEWS

Norton gets some Love

NOTE TO NORTON: YOU ESCAPED ONCE, DON'T REFRIND HER

Courtney Love has been making nice with Edward Norton after admitting she was wrong to accuse him of losing \$300,000 US of her money on an investment, according to Rush and Molloy.

Love says Norton has also been "a force



of good" in reestablishing community

cation with her daughter, Frances Bean Cobain, who has a restraining order against her mother. "I feel very bad," Love says about criticizing Norton.

"I have the greatest respect for Edward. He could be the president of the United States. I could be his drug czar."

METRO WORLD NEWS

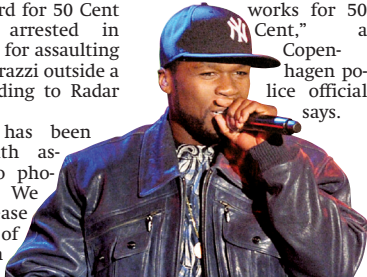
50 Cent bodyguard arrested

BUT TO BE FAIR, A PRECEDENT HAS BEEN SET HERE, LADY

A security guard for 50 Cent has been arrested in Copenhagen for assaulting several paparazzi outside a hotel, according to Radar Online.

"A man has been charged with assaulting two photographers. We don't release the name of the person

involved, but it's my understanding he works for 50 Cent," a Copenhagen police official says.



Nikolaj Vraa, one of the members of the press involved, tells the website that he feared for his life.

"One of 50 Cent's bodyguards came out and told us to leave," he says. "The next thing I knew, he grabs my throat and tried to strangle me."

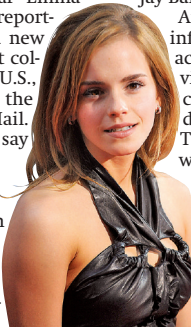
"He cut off my airway, and I couldn't breathe. He took my camera and deleted photos."

METRO WORLD NEWS

Emma has a Latin lover

I WONDER IF SHE WILL SOON BE LIVING LA VIDA LOCA?

Harry Potter star Emma Watson has reportedly found a new man while at college in the U.S., according to the Daily Mail. Classmates say Watson has been getting cozy with Spanish musician and fellow Brown University stu-



dent Rafael Cebrian since her split from boyfriend Jay Barrymore.

And Cebrian has even influenced Watson's acting choices, convincing her to join the cast of a student production of Chekhov's The Three Sisters, which has already sold out. "This is a new experience for Emma and she's a little nervous about her performance," a source says.

METRO WORLD NEWS

No sex, just pot brings cops

I'M SURE IT WAS PURELY FOR MEDICINAL PURPOSES

A new unauthorized book about Angelina Jolie and Brad Pitt claims that a 2005 incident in which police in Kenya



stormed the couple's hotel room wasn't brought on by their loud lovemaking, as previously reported.

Instead, the cops showed up because someone at the hotel smelled marijuana smoke, according to Life & Style magazine. Police reportedly searched the room without finding anything.

METRO WORLD NEWS

Luz part of Madonna's family

HE MAKES A GREAT BIG BROTHER

Brazilian model Jesus Luz — who has been in a relationship with Madonna for around 15 months — feels like he has a complete family of his own since he started dating the 51-year-old star, who has four children, Lourdes, 13,



Rocco, nine, Mercy, five, and four-year-old David.

The 23-year-old hunk told Brazil's RG Vogue magazine: "I consider myself a married man. I have a family. At my age, my father was also married. My mother gave birth to me when she was 15."

METRO NEWS SERVICES

Piers picking top UK stars

DOES HE MAKE HIMSELF NO. 1?

America's Got Talent judge Piers Morgan is busy judging people in his home country as well as compiling a list of the 100 top celebrities in the U.K. for the Mail on Sunday. Making the top 10 are David Beck-



ham, Robert Pattinson, Paul McCartney and Kate Moss, but Morgan saves the top spot for his boss, reality TV tycoon Simon Cowell. Oscar-winning actress Helen Miren comes in at 12, while James Bond star Daniel Craig is No. 18.

METRO WORLD NEWS

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CelebTweets

AXL ROSE finds showering electrifying, **KAT DENNING**s finds new ways to amuse herself, **ADAM LAMBERT** is feeling out of place, and **LADY GAGA** is nothing if not practical.

@axlrose So I'm in the shower at the gig after r Sao Paulo show n' when I touch the faucet I get a jolt of electricity!! Wtf!!

@OfficialKat Sometimes I prod my face and try to imagine what my skull looks like

@adamlambert Sometimes I wish I could time travel to 1969.

@ladygaga Once you kill a cow, you gotta make a burger

METRO NEWS SERVICES

Conrad wears her own designs

AND SHE'S NOT JUST SAYING THAT TO GET YOU TO BUY HER CLOTHES When Lauren Conrad needs a wardrobe update, she looks no further than her own collection for Kohl's.

"I think if you're not willing to wear your own clothes, you're doing something wrong. This line was meant to be about my style and pieces I want to walk into a store and want to buy. If you're not wearing your own line, you're taking all the fun out of it," the former reality star tells glamour.com.



METRO WORLD NEWS

IT'S ANOTHER TERM FOR A NICKNAME, SHORTY

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Following Wheel of Fortune at 7pm



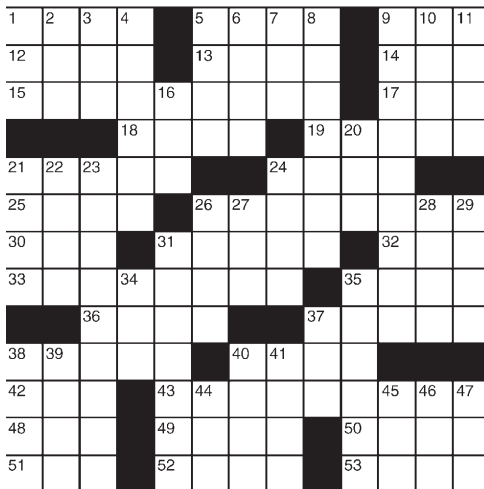
Yesterday's answer: What is prim.



CBC



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ACROSS

1 October birthstone
5 Loosen
9 Explosive, for short
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26 Press agent?
30 Family
31 Centrifuge inserts
32 "— Got a Secret"
33 Style
35 Nicholas, for one
36 "— the Knife"
37 Meadow
38 Last Greek

letter
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42 Chignon
43 Octopus' arms
48 Superlative suffix
49 "— go brag!"
50 Slender
51 "Of course"
52 Facts
53 Whirlpool

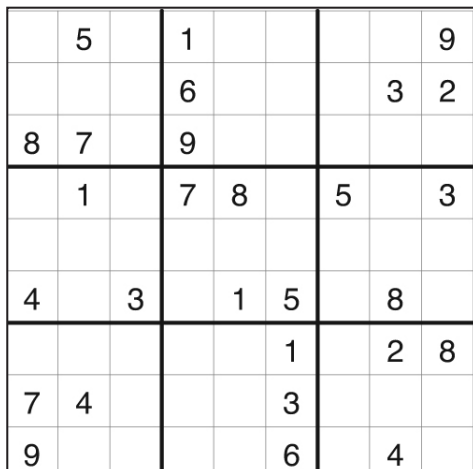
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6 Bird's home
7 Sandra or Ruby
8 Brunch entrees
9 Treat meat?
10 Hammer's target
11 Toothpaste holder
16 Listener
20 Onassis, familiarly
21 Jab
22 Badder than bad
23 Some urban homes
24 Guy
26 Squealer
27 Fond du —, Wisconsin
28 Squished 35-Down
29 Dweeby sort
31 Stopped occupying
34 Joke
35 Ring, geometrically
37 Air safety org.
38 Do as I say
39 Ponder
40 Fit of peevishness
41 Sicilian spouter
44 Mound stat
45 Young bloke
46 Remnant
47 Firmament

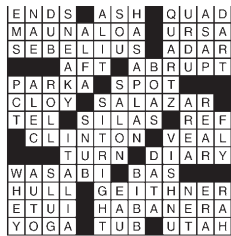
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	6	2	7	3	1	9	4	8
7	4	8	9	6	2	5	1	3
1	3	9	4	5	8	2	6	7
2	1	4	5	9	7	3	8	6
9	5	3	8	4	6	1	7	2
8	7	6	1	2	3	4	9	5
6	9	1	2	7	5	8	3	4
3	8	5	6	1	4	7	2	9
4	2	7	3	8	9	6	5	1



Metro Recipe of the Day



Cod with Spicy Lentils

INGREDIENTS:

1 tbsp olive oil, divided
1 onion, chopped
2 celery stalks, chopped
2 leeks, chopped
1 red chili pepper, seeded and finely chopped
1 cup lentils, rinsed and drained
4 cups vegetable broth
1 sprig fresh thyme
1 bay leaf
Juice of 1 lemon
Pinch of cayenne pepper
4 skinless cod fillets or cod steaks
Salt and pepper

METHOD:

1. Preheat broiler. Heat half of olive oil in pot, add onion, celery, leeks and chili pepper; cook 2 minutes. Stir in lentils. Add vegetable broth, thyme and bay leaf; bring to boil. Lower heat and simmer

until lentils are tender, 20 minutes. If lentils have not absorbed all broth, drain.

2. Meanwhile, mix remaining oil, lemon juice and cayenne pepper. Lay cod on broiler pan, skinned side up, season lightly and brush with oil mixture. Broil until fish will flake easily, 6 to 7 minutes. There is no need to turn fish over.

3. Spread lentils on warmed serving dish and arrange pieces of cod on top. Serve immediately.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

If you are looking for ways to make your social life more exciting you will most likely find them in places you have rarely if ever been to before.

LIBRA

SEPT 23-OCT 23

Do your own thing, in your own way, at your own speed today and don't let anyone persuade you that you should be doing something else.

TAURUS

APRIL 21-MAY 21

Family and financial matters will go well today and if you've had problems in these areas in recent weeks you will find they are more manageable.

SCORPIO

OCT 24-NOV 22

Nothing in life is impossible. Some things may be more difficult than others but for Scorpio the sky really is the limit. Aim to do even better.

GEMINI

MAY 22-JUNE 21

Something will put a smile on your face today. Whatever it is it will remind you that life is worth living. Share your joy with your friends.

SAGITTARIUS

NOV 22-DEC 21

There is no telling how far you can travel or how much you can achieve if you put your mind to it over the next few days.

CANCER

JUNE 22-JULY 22

Your problems are not as bad as you think they are. In fact, most people you know would happily trade places with you this very minute.

CAPRICORN

DEC 22-JAN 20

Get together with some fun characters today — the sort of people who are not afraid to take a few risks. You have been far too conservative of late.

LEO

JULY 23-AUG 23

You may be on your best form at the moment but are you on your best behavior? Others may complain that you don't take life seriously enough.

AQUARIUS

JAN 21-FEB 18

Make the most of each and every opportunity that comes your way and don't fall into the trap of thinking that your happiness depends on other people.

VIRGO

AUG 24-SEPT 22

An offer that sounds too good to be true will set the alarm bells ringing in your brain today, but don't be too eager to dismiss it as a trick or a gimmick.

PISCES

FEB 19-MARCH 20

Once in a while something happens that catches you unawares and what takes place today will certainly shake you up a bit.

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\$559

*Taxes & other fees
(including service charges): \$222
Departure tax: 25 CUC cash, paid locally
Please add \$50 for Sat. departures

Varadero

Sirenis La Salina
Varadero • 4 ★
All-Inclusive • Standard rm.
Mar. 19, 20 & 21 • 1 wk.

\$599

*Taxes & other fees
(including service charges): \$222
Departure tax: 25 CUC cash, paid locally
Please add \$30 for Sat. & Sun. departures

TURKS & CAICOS

Ocean Club
Resort • 3 1/2 ★
Studio suite
Mar. 27 & 28 • 1 wk.

\$1119

*Taxes & other fees
(including service charges): \$233

DOMINICAN REPUBLIC

Samana

Gran Bahia Principe
Cayacoa • 4 ★
All-Inclusive • Standard rm.
Mar. 20, 21 & 28 • 1 wk.

\$569

*Taxes & other fees
(including service charges): \$304
Please add \$50 for Sun. departures

La Romana

Gran Bahia Principe
La Romana • 4 1/2 ★
All-Inclusive • Junior suite
Mar. 20 & 27 • 1 wk.

\$699

*Taxes & other fees
(including service charges): \$304

Apr. 3 • 1 wk.

\$739

*Taxes & other fees
(including service charges): \$304

COSTA RICA

Liberia

Occidental Grand Papagayo • 4 1/2 ★
All-Inclusive • Deluxe rm.
Mar. 25 • 1 wk.

\$1249

*Taxes & other fees
(including service charges): \$204
Departure tax: 26 USD cash, paid locally

ST. MARTIN/ST. MAARTEN

Hotel Beach Plaza • 3 1/2 ★
Breakfast
Luxe island view rm.
Mar. 20 • 1 wk.

\$599

*Taxes & other fees
(including service charges): \$227

JAMAICA

Sunset Jamaica Grande
Resort & Spa • 4 ★
All-Inclusive • Standard rm.
Mar. 23, 24, 25 & 28 • 1 wk.

\$889

*Taxes & other fees
(including service charges): \$276
Please add \$50 for Sun. departures

SAINT LUCIA

Almond Morgan Bay • 4 ★
All-Inclusive • Standard
pool and garden view rm.
Mar. 28 & 29 • 1 wk.

\$1399

*Taxes & other fees
(including service charges): \$224

DEAL to EUROPE

Barcelona

Rafael Hoteles Diagonal Port • 4 ★
Breakfast • Double rm.
June 5 & 12 • 6 nts.
Complimentary
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\$1099

*Taxes & other fees
(including service charges): \$283

DEAL on CRUISES

Royal Caribbean International¹
Navigator of the Seas[®]
Western Mediterranean Cruise
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Interior stateroom, cat. M
June 6 • 1 wk.

\$1699

*Taxes & other fees
(including service charges): \$375

SUPERCLUBS RESORTS

NASSAU, Bahamas

Breezes Resort, Bahamas • 3 ★
Super-Inclusive[®]
Deluxe garden view rm.
May 3-19 • 3 nts.

\$779

*Taxes & other fees
(including service charges): \$90
Price based on Mon. - Wed. departures

JAMAICA

Breezes Bonanza[®]
Super-Inclusive[®]
Run of the house
Apr. 19-22 & 27-29 • 1 wk.

\$1149

*Taxes & other fees
(including service charges): \$276
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